

# **County of San Diego Health and Human Service Agency**



## **Directory of Organizational Providers for Behavioral Health Services**

**Access and Crisis Line (ACL): 1-800-479-3339**

# Behavioral Health Emergency Services

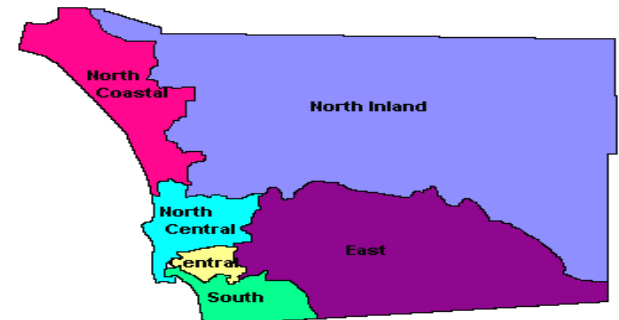
**If you or your family member are having a mental health emergency:**

- **Call 911 or go to your local hospital emergency room.**
- **Call the Access and Crisis Line at 1-800-479-3339. Clinicians answer the phones 24 hours a day, seven days a week, to provide immediate crisis interventions and provide linkages/referrals to appropriate services as needed.  
TTY: (619) 641-6992.**
- **Go to the County Psychiatric Hospital Emergency Psychiatric Unit (EPU) (adults only) located at 3853 Rosecrans St., San Diego, CA 92110, Phone: (619) 692-8200, or your nearest hospital emergency room.**
- **Take children to the Emergency Screening Unit (ESU) at 730 Medical Center Court, Chula Vista, CA 91911 for 24-hour emergency mental health assessment and referral.  
Phone: (619) 421-6900.**
- **Call your doctor or therapist.**
- **For other immediate needs, you may walk-in for screening and/or evaluation at the closest adult mental health clinic with daytime walk-in hours. Schedules are available by calling the Access and Crisis Line at 1-800-479-3339.**

# Service Information

- Services are available for individuals with Medi-Cal, limited insurance or without insurance.
- Programs may change program fees based on individuals' income and ability to pay. No one can be denied services based on ability to pay. Client fees are waived for Medi-Cal eligible persons participating in Medi-Cal certified services (except for required share of cost).
- Free Interpreter services are available through the County at all Mental Health programs.
- Except as restricted by State licensing regulations, services are provided without discrimination on the basis of age, sex, race, disability, or ability to pay.
- For help in locating an Organizational Provider clinic convenient to you, call the Access and Crisis Line at 1-800-479-3339. The County also has a network of individual and small group Fee For Service (FFS) mental health providers. The Access and Crisis Line can help you find one who is taking new clients, since this changes often. You can also ask for a FFS provider list in your region.
- To help you with problems concerning Mental Health Services or for grievances and appeals, call toll free:  
**Inpatient and residential services:** JFS Patient Advocacy Services at 1-800-479-2233.  
**Outpatient and non-residential services:** Consumer Center for Health and Education & Advocacy at 1-877-734-3258.
- To help you find a clinician to meet your special needs, see the Cultural Competency column on the following tables. Here is a listing of the abbreviations used: Gay/Lesbian/Bi-sexual/Transgender=GLBT Middle Eastern = ME African-American = Afr Amer Southeast Asian = SEA Hispanic/Latino = HL Homeless = HML Eastern European = EE American Indian = AI Severely Emotionally Disturbed = SED Transitional Age Youth = TAY

Services are located throughout San Diego County. The Directory lists the services locations for each program in the column called "Region" The regions of San Diego are shown in this map.



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Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Access and Crisis Line	Access and Crisis Line	(800) 479-3339 TDD (619) 641-6992	24/7	Countywide	All Ages	All	All	Telephone Crisis and Suicide Intervention, Information and Referral
ADS Case Management	MHS - Parolee Partnership Program (P3) 2535 Camino Del Rio S. Ste. 230 San Diego, CA 92108	(619) 220-7090	Mon - Fri 8:30 am - 4:30 pm	Countywide	Adult, Older Adult Parolees Only			Six months of intensive case management and recovery services to ex-offenders and parolees at risk of continuing their alcohol and/or drug abuse.
ADS Case Management Perinatal	VHF - ParentCare Perinatal Case Management 4990 Williams Ave. La Mesa, CA 91941	(619) 698-1663 (619) 668-4200	Mon - Fri 8:30 am - 4:30 pm	East	Women			A continuous, long-term outpatient case management to assist women who are drug and/or alcohol users, pregnant or parenting, in finding services to support long-term recovery.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Detoxification Services	MITE - Options, KIVA & Perinatal Detox 2049 Skyline Dr. Lemon Grove, CA 91945	(619) 465-7303	24/7	East	Adult Women and their children			Offers a long-term (6-12 months) residential program for chemically dependent pregnant or parenting women and their children.
ADS Detoxification Services	MITE - Detox (Call for Location)		24/7	Countywide	Adults, Older Adults			Offers a 5-14 day residential social model detoxification program for adults who are experiencing problems with alcohol and other drugs.
ADS Justice Programs	MHS - Serial Inebriate Program (SIP) 3340 Kemper St. Ste. 105 San Diego, CA 92110	(619) 523-8121	Mon - Fri 8:30 am - 5:00 pm	North Central	Adults, Older Adults			Provides non-residential treatment to chronic alcoholics referred by the Police Dept. Services include counseling and linkages to appropriate community resources and sober living.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Justice Programs	SDYCS - Breaking Cycles 7798 Starling Dr. Ste. 200 San Diego, CA 92123	(858) 492-2300	Mon - Fri 8:00 am - 5:00 pm	Central	Adolescents			Provides alcohol and drug assessment, intervention, educational groups, and case management for probation involved juveniles.
ADS Justice Programs Adult Drug Court	MHS - East County Center for Change - Adult Drug Court 545 Magnolia Ave. El Cajon, CA 92020	(619) 579-0947	Mon - Fri 8:30 am - 8:00 pm	East	Adults, Older Adults			Provides a 12-month outpatient substance abuse treatment program with 6 months' after care to alcohol or drug-abusing felons.
ADS Justice Programs Adult Drug Court	MHS - South County Center for Change - Adult Drug Court 1515 Palm Ave. San Diego, CA 92154	(619) 429-4117	Mon - Fri 8:30 am - 5:30 pm	South	Adults, Older Adults	Spanish		Provides a 12-month outpatient substance abuse treatment program with 6 months' after care to alcohol or drug-abusing felons.



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Justice Programs Adult Drug Court	MHS - North County Center for Change - Adult Drug Court 504 West Vista Way Vista, CA 92083	(760) 940-1836	Mon - Fri 9:00 am - 5:00 pm	North Central	Adults, Older Adults			Provides a 12-month outpatient substance abuse treatment program with 6 months' after care to alcohol or drug-abusing felons.
ADS Justice Programs Adult Drug Court	MHS - San Diego Center for Change - Adult Drug Court 3340 Kemper St. Stes. 101 & 209 San Diego, CA 92110	(619) 758-1433	Mon - Fri 8:00 am - 5:00 pm	Central	Adults, Older Adults			Provides a 12-month outpatient substance abuse treatment program with 6 months' after care to alcohol or drug-abusing felons.
ADS Justice Programs DUI	SDSU - Central District Driving Under the Influence (DUI) Program 9245 Sky Park Ct. Ste. 101 San Diego, CA 92123	(858) 467-6810	Mon - Fri 8:00 am - 5:30 pm (Business office closed Noon - 1:00 pm)	Central	Adults, Older Adults	Spanish		State licensed Driving Under the Influence (DUI) program. Enrollment requires a referral.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Justice Programs DUI Program, Referral Only	ECS - East County ACCORD DUI Program 7474 El Cajon Blvd. La Mesa, CA 91941	(619) 741-8147	Mon - Fri 9:00 am - 5:30 pm	East	Adults, Older Adults	Spanish		Provides mandated services for any individual arrested for, or convicted of, driving under the influence of alcohol and/or drugs in California. Enrollment requires a referral.
ADS Justice Programs DUI Program, Referral Only	MAAC Project - DUI Program 1355 Third Ave. Chula Vista, CA 91911	(619) 409-1780	Mon - Fri 8:30 am - 5:00 pm	South	Adults, Older Adults	Spanish		State licensed Driving Under the Influence (DUI) program. Enrollment requires a referral.
ADS Justice Programs DUI Program, Referral Only	MHN - Occupational Health Services DUI Program 1050 Los Vallecitos Blvd. Ste. 109 San Marcos, CA 92069	(760) 752-5300	Mon - Fri 9:00 am - 7:00 pm	North	Adults, Older Adults	Spanish		State licensed Driving Under the Influence (DUI) program. Enrollment requires a referral.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Justice Programs DUI Program, Referral Only	SDSU Foundation - Binge and Underage Drinking Initiative 6505 Alvarado Rd. Ste. 205 San Diego, CA 92120	(619) 594-3384	Mon - Fri 8:30 am - 8:30 pm	Countywide	Adolescents, Young Adults			Facilitates and coordinates a multi-system prevention strategy to reduce binge and underage drinking, which includes the Policy Panel to Reduce Underage Drinking.
ADS Justice Programs Juvenile Drug Court, Referral Only	VHF - Juvenile Drug Court 2901 Meadow Lark Dr. San Diego, CA 92123	(858) 694-4729 (858) 514-5101	Mon - Fri 8:00 am - 5:00 pm	Countywide	Adolescents			Offers substance abuse case management for youth in drug court. Covers abuse and/or addiction issues. Requires referral from court.
ADS Justice Programs PC 1000, Referral Only	MITE - Central District PC 1000 3954 Murphy Canyon Rd. Ste. D202 San Diego, CA 92123	(858) 505-8031	Mon - Fri 9:00 am - 5:00 pm	Central	Adults, Older Adults	Spanish		PC 1000 Deferred Entry of Judgment/AIDS Education program. Provides court-ordered education and counseling services related to specific drug-related offenses and prostitution offenses. Requires a referral from court or Probation.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Justice Programs PC1000, Referral Only	MITE - South Bay PC 1000 (Deferred Entry of Judgment & AIDS Education Program) 1180 Third Ave. Ste. 3 Chula Vista, CA 91911	(619) 691-8164 (619) 422-3918	Mon - Fri 9:00 am - 5:00 pm	South	Adults, Older Adults	Spanish		PC 1000 Deferred Entry of Judgment/AIDS Education program. Provides court-ordered education and counseling services related to specific drug- related offenses and prostitution offenses. Requires a referral from court or Probation.
ADS Justice Programs PC1000, Referral Only	MITE - East County PC 1000 (Deferred Entry of Judgment & AIDS Education Program) 1365 N. Johnson Ave. Ste. 111 El Cajon, CA 92020	(619) 440- 4801, ext. 121	Mon - Fri 9:00 am - 5:00 pm	East	Adults, Older Adults	Spanish		PC 1000 Deferred Entry of Judgment/AIDS Education program. Provides court-ordered education and counseling services related to specific drug- related offenses and prostitution offenses. Requires a referral from court or Probation.
ADS Justice Programs PC1000, Referral Only	MITE - North County PC 1000, (Deferred Entry of Judgment & AIDS Education Program) 2821 Oceanside Blvd. Oceanside, CA 92054	(760) 721-2743	Mon - Wed 9:00 am - 8:30 pm Thu 9:00 am - 7:30 pm Fri 9:00 am - 5:00 pm	North Coastal	Adults, Older Adults	Spanish		PC 1000 Deferred Entry of Judgment/AIDS Education program. Provides court-ordered education and counseling services related to specific drug- related offenses and prostitution offenses. Requires a referral from court or Probation.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Non-Residential Services	Catholic Charities Inc. Rachel's Women's Center 759 Eighth Ave. San Diego, CA 92101	(619) 696-0873	Mon - Sun 7:00 am - 5:00 pm	Central	Homeless Women			A daytime drop-in recovery center for homeless women in downtown San Diego. Offers lunch, laundry, and shower facilities on a first-come, first-served basis.
ADS Non-Residential Services	CRASH Options For Recovery Options Women's Recovery Center 5605 El Cajon Blvd. San Diego, CA 92115	(619) 229-8201	Mon, Wed, Fri 8:00 am - 7:30 pm Tue, Thu 8:00 am - 5:00 pm	Central	Women and Children			Non-residential treatment program for women with a history of drug or alcohol abuse. Includes alcohol and drug counseling. Supervised visitation for non-custodial mothers.
ADS Non-Residential Services	MHS - North Inland Teen Recovery Center (TRC) 150 Valpreda Rd. Ste. 105 San Marcos, CA 92069	(760) 744-3672	Mon - Fri 9:00 am - 6:00 pm	North Inland	Adolescents			An individualized non- residential treatment service.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Non-Residential Services	MHS - Mid-Coast Regional Recovery Center 3340 Kemper St. Ste. 105 San Diego, CA 92110	(619) 523-8121	Mon - Fri 8:00 am - 5:00 pm	North Central	Adults, Older Adults			Drug abuse services including outpatient program; individual, family, and group counseling, drug information, non-medical detoxification; supervised activities; and vocational counseling; PC1000 co-occurring disorders.
ADS Non-Residential Services	MHS - Harmony Women's Recovery Center 6154 Mission Gorge Rd. Ste. 120 San Diego, CA 92120	(619) 285-1718	Mon - Fri 9:00 am - 8:30 pm	North Central	Women and Children			An outpatient treatment and recovery facility for female recovering alcoholics and drug addicts, their children, and families.
ADS Non-Residential Services	MHS - Family Recovery Center 1100 Sportfisher Dr. Oceanside, CA 92054	(760) 439-6702	Mon - Thu 8:00 am - 8:00 pm Fri 8:00 am - 6:30 pm	North Coastal	Women, Children			A six- to nine-month day treatment program serving pregnant mothers with a history of drug or alcohol abuse, mothers of newly delivered children who have tested positive for drugs.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Non-Residential Services	MHS - North Inland Regional Recovery Center (RRC) 620 North Ash St. Escondido, CA 92027	(760) 741-7708	Mon - Thu 9:00 am - 9:00 pm Fri 9:00 am - 9:00 pm	North Inland	Adults, Older Adults	Spanish		Drug abuse services: outpatient program; individual, family, and group counseling; drug information; non- medical detoxification; supervised activities; and vocational counseling.
ADS Non-Residential Services	MITE - North Coastal Regional Recovery Center 2821 Oceanside Blvd. Oceanside, CA 92054	(760) 721-2781		North Coastal	Adults, Older Adults			Drug abuse services including outpatient program; individual, family, and group counseling, drug information, non- medical detoxification; supervised activities; and vocational counseling; PC1000 co- occurring disorders.
ADS Non-Residential Services	MITE - East County/Southern Teen Recovery Center 7800 University Ave. La Mesa, CA 91942	(619) 465-4349		East	Adolescent			

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Non-Residential Services	MITE - South Bay Regional Recovery Center 1180 Third Ave. Ste. 3 Chula Vista, CA 91911	(619) 691-8164			Adults, Older Adults			
ADS Non-Residential Services	MITE - South Bay East Teen Recovery Center (TRC) 2429 Fenton St. Bldg. 5 Chula Vista, CA 91914	(619) 482-9300	Mon - Fri 10:30 am - 7:00 pm Sat 10:30 am - 1:30 pm	South	Adolescents	Spanish		An individualized non-residential treatment service.
ADS Non-Residential Services	MITE - Options South Bay Women's Recovery Center 251 Palomar St. Ste. A Chula Vista, CA 91911	(619) 498-0908	Mon - Fri 9:00 am - 5:30 pm	South	Women, Children			Offers a day treatment program serving pregnant women and mothers who have a history of drug or alcohol abuse. Co-op childcare is provided.



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Non-Residential Services	MITE - North Rural Teen Recovery Center (TRC) 323 Hunter St. Ramona, CA 92065	(760) 788-6520	Mon - Fri 9:00 am - 6:00 pm	North	Adolescents			An individualized non-residential treatment service.
ADS Non-Residential Services	MITE - East County/Northern 550 Fesler St. Ste. G-3 El Cajon, CA 92020	(619) 588-5361		East	Adolescent			
ADS Non-Residential Services	North County Serenity House - Serenity Too Outpatient and Day Treatment (Address Confidential)	(760) 741-5098	Mon - Fri 9:00 am - 4:00 pm	North Inland	Adult Women and their children			A nonresidential day treatment program for alcoholic and drug-dependent women. Counseling and AA and NA group meetings are included in the treatment.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Non-Residential Services	Palavra Tree - Central Southwest Teen Recovery Center (TRC) 2878 Imperial Ave. San Diego, CA 92102	(619) 238-7393	Mon - Fri 8:30 am - 5:30 pm	Central	Adolescents			Provides non-residential alcohol and drug treatment and recovery services for adolescents in the central and southeast regions of the City of San Diego.
ADS Non-Residential Services	Palavra Tree - Central South East Teen Recovery Center (TRC) 1212 South 43rd St., Ste. C San Diego, CA 92113	(619) 263-7768	Mon - Fri 8:30 am - 5:30 pm	Central	Adolescents	Spanish		A non-residential alcohol and drug treatment and recovery services for adolescents in the central and southeast regions of the City of San Diego.
ADS Non-Residential Services	Phoenix House Teen Recovery Center 785 Grand Ave. Carlsbad, CA 92008	(760) 729-2830	Mon - Fri 11:00 am - 8:00 pm	North Coastal	Adolescents			A outpatient substance abuse treatment services for adolescents and their families. Offers after-school treatment, weekday sessions, and structured weekend activities.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Non-Residential Services	SDYCS - Teen Options 3660 Fairmount Ave. San Diego, CA 92105	(619) 521-2250	Mon - Fri 8:00 am - 4:30 pm	Central	Pregnant and Parenting Adolescent Girls and their children			A day treatment program for pregnant and parenting adolescent women who are using alcohol or drugs.
ADS Non-Residential Services	Stepping Stone 3969 4th Ave. Stes. 201 & 208 San Diego, CA 92103	(619) 295-3995 (619) 278-0795	Mon - Fri 9:00 am - 9:00 pm Sun 4:30 pm - 8:00 pm	Central	Adults, Older Adults			A non-residential alcohol and drug treatment with special emphasis on services to GLBT population.
ADS Non-Residential Services	UCSD Regents of the University of California - Co-Occurring Disorders Program Dual Disorders Integrated Treatment and Recovery 140 Arbor Dr. San Diego, CA 92103	(619) 497-6692	Mon, Thu 8:30 am - 7:00 pm Tue, Wed 8:30 am - 6:00 pm Fri 8:30 am - 5:00 pm	Central	Adults, Older Adults, Co-Occurring Disorders			An intensive outpatient services for adults with psychiatric and substance abuse disorders.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Non-Residential Services	UPAC 3288 El Cajon Blvd. Ste. 13 San Diego, CA 92104	(619) 521-5720	Mon - Fri 8:30 am - 8:30 pm	Central	Adolescents			A substance abuse treatment services to help adolescents combat chemical dependency and gang involvement.
ADS Non-Residential Services	VHF - ParentCare Family Recovery Center (East Region) 4990 Williams Ave. La Mesa, CA 91941	(619) 698-1663	Mon - Fri 8:00 am - 5:00 pm	East	Women and Children	Spanish		A 6-9 month program that includes an initial diagnostic assessment, treatment planning, individual counseling, treatment planning, individual counseling, treatment sessions 3 evenings/week.
ADS Prevention and Education Services	Countywide Media Advocacy Project Information & Prevention Support Services 590 Third Ave. Ste. 204 Chula Vista, CA 91910	(619) 476-9100	Mon - Fri 9:00 am - 5:00 pm	Countywide	All	Spanish		Provides coordination, planning, technical assistance and support to alcohol and other drug prevention service providers and strategic partners regarding media advocacy efforts.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Prevention and Education Services	East County Community Change Project Institute for Public Strategies 131 Avocado Ave. El Cajon, CA 92020	(619) 456-9607	Mon - Fri 9:00 am - 5:00 pm	East	All			Provides alcohol and other drug prevention activities designed to reduce substance abuse in communities by using community-based, environmental prevention strategies.
ADS Prevention and Education Services	Health Advocates Rejecting Marijuana (HARM) P.O. Box 2448 Del Mar, CA 92014-1748	(858) 755-6598		Countywide	All			
ADS Prevention and Education Services	IPS - South Bay Community Change Project 590 Third Ave. Ste. 204 Chula Vista, CA 91910	(619) 476-9100	Mon - Fri 9:00 am - 5:00 pm	South	All	Spanish		Regional prevention services provide alcohol and other drug prevention activities designed to reduce substance abuse in communities.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Prevention and Education Services	Methamphetamine Strike Force (MSF) 590 Third Ave. Ste. 204 Chula Vista, CA 91910	(619) 476-9100	Mon - Fri 9:00 am - 5:00 pm	Countywide	All	Spanish		Facilitates and coordinates the multi-system, multi-partner Methamphetamine Strike Force to address methamphetamine issues in San Diego County.
ADS Prevention and Education Services	MHS - North Inland Community Prevention Program (NICPP) 12344 Oak Knoll Rd. Suite C-1 Poway, CA 92064	(858) 391-9303	Mon - Fri 9:00 am - 5:00 pm	North Inland	All			A program that address problems associated with alcohol, tobacco, and other drug use. Use an environmental prevention strategy.
ADS Prevention and Education Services	Prevention Evaluation Project Center for Community Research 3111 Camino Del Rio N. Ste. 400 San Diego, CA 92108	(619) 528-2235			All			

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Prevention and Education Services	Responsible Hospitality Coalition 13753 Recuerdo Dr. Del Mar, CA 92014	(858) 793-1585	Mon - Fri 9:00 am - 5:00 pm	Countywide	All	Spanish		Countywide efforts to educate owners and employees of licensed alcohol establishments to adopt responsible business practices and policies regarding alcohol beverage sales.
ADS Prevention and Education Services	San Diego County Office of Education Friday Night Live/Club Live (High School Youth) 6401 Linda Vista Rd. San Diego, CA 92111	(619) 718-6667 (619) 718-6668	Mon - Fri 8:30 am - 8:30 pm	Countywide	Schools	Spanish		Provides Friday Nite Live and Club Live services, alternate activities and youth leadership development in County schools to reduce youth alcohol and other drug use.
ADS Prevention and Education Services	San Dieguito Alliance for Drug-Free Youth P.O. Box 2448 Del Mar, CA 92014	(858) 755-6598	Mon - Fri 9:00 am - 5:00 pm	North Coastal	All	Spanish		Regional prevention services provide alcohol and other drug prevention activities designed to reduce substance abuse in communities.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Prevention and Education Services	SAY San Diego, Inc. Mid-City for Youth 5348 University Ave. San Diego, CA 92105	(619) 283-9624	Mon - Fri 8:30 am - 8:30 pm	Central	All	Spanish		Regional prevention services provide alcohol and other drug prevention activities designed to reduce substance abuse in communities.
ADS Prevention and Education Services	SAY San Diego, Inc. North City Prevention Coalition 4340 Genesee Ave. Ste. 207 San Diego, CA 92117	(619) 582-9056, ext. 201	Mon - Fri 9:00 am - 5:00 pm	North	All			
ADS Prevention and Education Services	Tijuana Border Project Institute for Public Strategies (IPS) 590 Third Ave. Ste. 204 Chula Vista, CA 91910	(619) 476-9100, ext. 329	Mon - Fri 9:00 am - 5:00 pm	Countywide	All			Regional prevention services provide alcohol and other drug prevention activities designed to reduce substance abuse in communities.



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Prevention and Education Services	Tri-City Prevention Collaborative Vista Community Clinic 1000 Vale Terrace Vista, CA 92084	(760) 407-1220, ext. 150	Mon - Fri 8:00 am - 4:30 pm	North Coastal	All	Spanish		Regional prevention services provide alcohol and other drug prevention activities designed to reduce substance abuse in communities.
ADS Prevention and Education Services	Vitality San Diego Institute for Public Strategies 590 Third Ave. Ste. 204 Chula Vista, CA 91910	(619) 476-9100, ext. 315	Mon - Fri 9:00 am - 5:00pm	Central West	All			Regional prevention services provide alcohol and other drug prevention activities designed to reduce substance abuse in communities by using community-based, environmental prevention strategies.
ADS Residential Detoxification Services	Volunteers of America - Detox Residential Services 120 Elm St. San Diego CA 92101	(619) 819-1717	24/7	Central	Adults, Older Adults			Offers a 5-14 day residential social model detoxification program for adults who are experiencing problems with alcohol and other drugs.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Residential Program	Alpha Project for the Homeless Casa Raphael 993 Postal Way Vista, CA 92083	(760) 630-9922	24/7	North Coastal	Adults, Older Adults Males			Residential treatment program for men who are homeless, at risk of becoming homeless, and very low income.
ADS Residential Program	CRASH - City Heights Men's Residential Facility (Short-Term I) 4161 Marlborough Ave. San Diego, CA 92105	(619) 282-7274	24/7	Central	Adult, Older Adult Males	Spanish		A short-term residential alcohol and drug treatment program (30-90 days) for men, including group therapy, individual counseling, and peer support. Program also includes nonresidential after-care services.
ADS Residential Program	CRASH-Bill Dawson Residential Recovery Program 726 "F" St., 2nd Floor San Diego, CA 92101	(619) 293-9691	24/7	Central	Adults, Older Adults			A long-term residential rehabilitation program for alcohol and drug abusers (4-6 months). Provides group therapy, individual counseling, and peer support to assist residents in remaining drug free.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Residential Program	CRASH - Short Term II Women's Residential Program 2410 "E" St. San Diego, CA 92102	(619) 234-3346	24/7	Central	Adult Women, Older Adult Women	Spanish		A short-term residential alcohol and drug treatment program (30-90 days) for women, including group therapy, individual counseling, and peer support.
ADS Residential Program	Crossroads Foundation 3594 Fourth Ave. San Diego, CA 92103	(619) 296-1151	24/7	Central	Women			For women recovering from alcoholism and/or drug addiction. Self-help-oriented treatment based on the AA and NA 12-step programs.
ADS Residential Program	Freedom Ranch, San Diego, Inc. 1777 Buckman Springs Rd. Campo, CA 91906	(619) 478-5696	Mon - Fri 9:00 am - 3:00 pm	East	Men			A residential alcohol and drug recovery program for men. Services include educational groups and AA and NA meetings and peer group interactions.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Residential Program	Heartland House Twelfth Step House, Inc. 5855 Streamview Dr. San Diego, CA 92105	(619) 239-9691	24/7	Central	Men			Residential treatment that offers residents an opportunity to regain and maintain sobriety through close association with persons having many years of sober living. Offers Twelve Step meetings, alcohol and drug education, relapse prevention.
ADS Residential Program	House of Metamorphosis 2970 Market St. San Diego, CA 92102	Intake (619) 236-9492	24/7	Central	Adults, Older Adults	Spanish		A residential treatment for alcohol and drug abusers. Treatment includes individual, group, and family counseling; anger management; recreation therapy; psychiatric evaluations; parenting classes; substance abuse education.
ADS Residential Program	MAAC Project - Nosotros 73 North 2nd Ave. Bldg. B Chula Vista, CA 91910	(619) 426-4801	8:00 am - 6:00 pm	South	Men, Latino	Spanish		A culturally specific residential alcohol and drug abuse recovery program targeting Latino male substance abusers. Uses the 12-Step method.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Residential Program	MAAC Project - Casa de Milagros 1127 South 38th St. San Diego, CA 92113	(619) 262-4002	Mon - Fri 11:00 am - 5:00 pm	Central	Women, Latina	Spanish		A culturally specific residential alcohol and drug recovery program targeting the Latina substance abuser. Uses the 12-step method of treatment.
ADS Residential Program	MITE - Adolescent Group Homes (Locations are confidential. Please call for more information.)	(619) 442-0277, ext. 121	24/7	Countywide	Adolescents			A residential program for up to 21 days for adolescents who are experiencing problems with alcohol and other drugs. Service includes group and individual treatment, educational workshop, life skills and more.
ADS Residential Program	North County Serenity House (Address Confidential)	(760) 747-1015 (760) 747-5098	Mon, Fri 8:00 am - 5:00 pm Tue, Thu 8:00 am - 9:00 pm	North Inland	Adult Women and their children	Spanish		A residential treatment facilities for women, with or without children, who have alcohol and drug dependencies. Minimum stay is 90 days. Offers individual and group counseling as well as AA and NA 12-step programs.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Residential Program	Pathfinders Recovery House 2980 Cedar St. San Diego, CA 92102	(619) 239-7370	Mon - Fri 9:00 am - 3:00 pm	Central	Men			Provides a 33-bed residential treatment home for men who need assistance in order to recover from alcoholism. Operates as a social model recovery home and provides peer group meetings, alcohol education, and recovery planning. Holds weekly
ADS Residential Program	Phoenix House - Academy of San Diego 23981 Sherilton Valley Rd Descanso, CA 91916	(619) 445-0405	24/7	East	Adolescents			A residential treatment program for adolescent drug and alcohol abusers. Offers a full-time school program, recreational and fitness programs, and family and group therapy. Residential program lasts 12 months.
ADS Residential Program	Stepping Stone 3767 Central Ave. San Diego, CA 92105	(619) 584-4010	24/7	Central	Adults, Older Adults			A 30-bed co-ed residential alcohol and drug recovery program. Services include individual and group counseling and AA and NA meetings. Special emphasis on services to GLBT populations.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Residential Program	The Fellowship Center 737 East Grand Ave. Escondido, CA 92025	(760) 745-8478	24/7	North Inland	Men	Spanish		A long-term residential treatment for men with alcohol or drug problems. Also offers a day treatment program. Self-help-oriented treatment includes awareness discussions, substance abuse recovery education, recovery planning, study groups, and meetings.
ADS Residential Program	The Way Back 2516 "A" St. San Diego, CA 92102	(619) 235-0592	Mon - Fri 8:00 am -11:00 pm	Central	Men			A 27-bed residential facility for male alcoholics. The rehabilitation program includes AA meetings, alcohol education, referral to community resources, and individual, group, and family participation.
ADS Residential Program	Tradition One, Inc. 4104 Delta St. San Diego, CA 92113	(619) 264-0141	Mon - Fri 8:00 am - 2:00 pm	Central	Adults, Older Adults			A 24-hour residential alcoholism and drug addiction treatment program for men and women. Provides individual and group counseling sessions, on-site and outside AA and NA meetings, guest speakers, education.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Residential Program	Turning Point Home of San Diego, Inc. 1315 25th St. San Diego, CA 92102	(619) 233-0067	Mon - Fri 8:00 am - 5:00 pm	Central	Women			A long-term recovery home for 20 women (focus is on alcoholism or alcoholism combined with drug abuse). Residents stay for a minimum of 3 months and up to 2 years.
ADS Residential Program	Veterans Village of San Diego 4141 Pacific Highway San Diego, CA 92110	(619) 497-0142	Mon - Fri 8:00 am - 5:30 pm	Central	Adults, Older Adults	Spanish		A residential drug and alcohol treatment for male and female homeless veterans. Clients work with a case manager to develop a recovery plan.
ADS Residential Program	VOA - Sobriety House 9980 Hawley Rd. El Cajon, CA 92020	(619) 561-9808	24/7	East County				A long-term residential treatment for adults with alcohol or drug problems. Also offers Self-help-oriented treatment includes awareness discussions, substance abuse recovery education, recovery planning, study groups, and meetings.



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
ADS Residential Program	Volunteers of America - Amigos Sobrios 741 11th Ave. San Diego, CA 92101	(619) 232-7754	24/7	Central	Men, Latino Focused	Spanish		A 17-bed, long-term, bilingual and bicultural residential alcohol and drug facility. Provides structure, support, referral, and recreation in an alcohol- and drug-free environment. Provides a social model residential recovery home for Latino males.
ADS Sobering Services	Volunteers of America Inebriate Reception Center (IRC) 101 16th St. San Diego, CA 92101	(619) 232-9343	24/7	Central	Adults, Older Adults			Provides a 24-hour sobering center that detains inebriated adults for 4 hours until sober.
ADS Special Services - HIV Counseling and Testing Services	Jewish Family Service 8804 Balboa Ave. Ste. 164 San Diego, CA 92123	(619) 637-3020	Mon - Fri 8:00 am - 5:00 pm	Countywide	Adult, Older Adult	Spanish		Provides individual, couples, and group therapy for HIV positive or high-risk individuals who also have mental health and/or substance abuse problems. Offers easy referral for psychiatric evaluations and follow-up services.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Advocacy	Consumer Center for Health Education & Advocacy (CCHEA) 1475 Sixth Ave., 4th Floor San Diego, CA 92101	(877) 734-3258	Mon - Fri 9:00 am - 5:00 pm	Countywide	All Ages	Spanish, Vietnamese, Mandarin	Older Adult, GLBT, HML, Afr Amer, HL, African Refugee, SEA, EE, ME	Advocacy, grievances and appeals for consumers of public outpatient services.
Advocacy	Family and Youth Roundtable 345 15th St. Ste. A San Diego, CA 92101	(619) 546-5852	N/A	Countywide	Children, Youth and Families			Coaching, training and Consulting that supports partnerships between consumers, families and mental health providers.
Advocacy	Jewish Family Service of San Diego Patient Advocacy Services 2710 Adams Ave. San Diego, CA 92116	(800) 479-2233	Mon - Fri 9:00 am - 5:00 pm	Countywide	Children, Adults			Advocacy, protection of patient's rights and grievances and appeals for consumers in acute care or residential programs.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Advocacy	Partners Program (SDYS) 2250 Fourth Ave. Ste. 301 San Diego, CA 92101	(619) 525-9903	Mon - Fri 9:00 am - 6:00 pm (Family Youth Support Partners available 24 hours a day)	Countywide	Children, Adolescents	Spanish	GLBT, HML Runaway	Family/Youth Peer Support
Advocacy	Parent to Parent Services 3177 Ocean View Blvd. San Diego, CA 92113	(858) 684-3080	Mon - Fri 9:00 am - 5:00 pm	East County	Parents of Clients of the Southeast Mental Health Clinic			Parent support and training, family advocacy, information and referrals. Give A Day Respite Program.
Advocacy	RICA - Recovery Innovations of California, Inc. 3565 Del Rey St. Ste. 202 San Diego, CA 92109	(858) 274-4650	Mon - Fri 8:30 am - 5:00 pm	Countywide	Adult, Older Adult	Spanish	Older Adult, Afr Amer, Chaldean, GLBT	Wellness Recovery Action Plan (WRAP), Wellness and Empowerment in Life and Living, Employment Training, other recovery-oriented classes.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Case Management	Cabrillo Assessment Center 730 Medical Center Ct. Chula Vista, CA 91911	(619) 591-5740	Mon - Fri 8:00 am - 6:00 pm (After-hours telephone service/consultation available)	Countywide	Children, Adolescents, Ages 5-18 (with exception up to 21)	Spanish	Bilingual and Bi-cultural staff available GLBT	Comprehensive assessment with Case Management. In-home support services twice a week. TAY, Juvenile Court Dependents, GLBT
Case Management	Central San Diego Case Management (AMHS) 1250 Morena Blvd. San Diego, CA 92110	(619) 692-8715	Mon - Fri 8:00 am - 5:00 pm	North Central, Central	Adults and Transition Age Youth	Tagalog, Spanish, French	Older Adult, GLBT, HML, Afr Amer, HL, ME	Mental health services, Case Management, and housing assistance.
Case Management	East County Case Management (AMHS) 1000 Broadway Ste. 100 El Cajon, CA 92021	(619) 401-5424	Mon - Fri 8:00 am - 5:00 pm	East	Adults, Older Adults	Polish, Spanish, and Russian	Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA, ME	Traditional and institutional (skilled nursing home and IMD), Case Management

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Case Management	IMPACT 1260 Morena Blvd. Ste. 100 San Diego, CA 92110	(619) 398-0355	Mon - Fri 8:30 am - 4:30 pm	Central, North Central	Adults, Older Adults	Spanish, Tagalog	Older Adult, HML, Afr Amer, Filipinos, Latinos, Asian populations, HL	Medication Management, Crisis Intervention, Case Management, Socialization, Vocational Services
Case Management	MHS - Families Forward Wraparound 9445 Farnham St. Ste. 100 San Diego, CA 92123	(858) 380-4676	Mon - Fri 8:00 am - 5:00 pm (24-hour availability)	Countywide	6-18 years SED	Spanish	Yes	Case Management and Mental Health Services with a Wraparound approach. Juvenile Court Dependents and Wards, AB2726
Case Management	MHS - Case Management (North) 550 W. Vista Way Ste. 206 Vista, CA 92083	(760) 724-9112	Mon - Fri 8:00 am - 5:00 pm	North	Adults, Older Adults	Spanish, Farsi, Dari	Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA, ME, TAY	Community-based traditional Case Management services to adults and older adults with chronic mental illness

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Clubhouse	Casa del Sol 1157 30th St. San Diego, CA 92154	(619) 429-1937	Mon 8:30 am - 6:00 pm Tue, Thu, Fri 8:30 am - 4:30 pm Wed 12:00 pm - 8:00 pm	South	Adults, Older Adults	Spanish	HML, HL	Volunteer Participation, Vocational, Educational and Social Support; Self-Help Recovery and Dual Diagnosis Groups
Clubhouse	East Corner Clubhouse 1060 Estes St. El Cajon, CA 92020	(619) 440-5133	Mon, Tue, Thu, Fri 8:00 am - 4:00 pm Wed 8:00 am - 6:30 pm	East	Adults, Older Adults	Spanish,	Older Adult, HML	Vocational Training & Education, Peer & Social Support Program, Other Clubhouse Groups & Activities
Clubhouse	Episcopal Community Services Friend to Friend Program 4080 Centre St. Ste. 104 San Diego, CA 92103	(619) 955-8217	Mon - Fri 8:00 am - 4:00 pm	Central	Adults, Older Adults (homeless mentally ill)	Spanish	Older Adult, Afr Amer, HML, GLBT	Client-Operated, Social, Educational and Vocational Program

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Clubhouse	Escondido Clubhouse 474 W. Vermont Ave. Ste. 105 Escondido, CA 92025	(760) 737-7125	Mon - Fri 8:00 am - 4:30 pm (1st Sat of the month 10:00 am - 2:00 pm)	North Inland	Adults, Older Adults	Spanish	GLBT, Afr Amer, HML	Client-Operated, social, educational and vocational program
Clubhouse	Mariposa Clubhouse 560 Greenbrier St. Ste. C-E Oceanside, CA 92054	(760) 439-2785	Mon - Fri 8:00 am - 4:00 pm	North Coastal	Adults, Older Adults		GLBT, Afr Amer, HML	Client-Operated, Social, Educational and Vocational Program
Clubhouse	NHA Friendship Clubhouse Project Enable 286 Euclid Ave. Ste. 102 San Diego, CA 92114	(619) 266- 2111, ext. 105	Mon - Fri 8:00 am - 5:00 pm	Central	Adults, Older Adults	Spanish	HML, Afr Amer, African Refugee	Socialization and Independent Living Skills

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Clubhouse	Providence Community Services -Oasis Clubhouse 7155 Mission Gorge Rd. San Diego, CA 92120	(858) 300-0470	Mon - Fri 8:30 am - 5:00 pm	Countywide	TAY	Spanish, Tagalog, Arabic, and Interpreter Services for all languages	GLBT, Afr Amer, HL, TAY, ME	Socialization and Independent Living Skills
Clubhouse	The Corner Clubhouse 2864 University Ave. San Diego, CA 92104	(619) 683-7423	Mon - Fri 8:00 am - 4:00 pm	Central	Adults, Older Adults	German	Older Adult, Afr Amer, HL, AI, TAY,	Volunteer Participation, Vocational, Educational and Social Support; Self-Help Recovery and Dual Diagnosis Groups
Clubhouse	The Meeting Place 4034 Park Blvd. San Diego, CA 92103	(619) 294-9582	Mon - Fri 8:00 am - 4:00 pm Sat 10:00 am - 2:00 pm	Central	Adults, Older Adults	Limited Spanish	Older Adult, GLBT, Afr Amer	Socialization, Vocational Services, Under 30 Support Group



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Clubhouse	Visions 226 Church Ave. Chula Vista, CA 91910	(619) 420-8603	Mon - Fri 12:00 pm - 7:00 pm Sat, Sun 12:00 pm - 5:00 pm	South	Adults, Older Adults	Spanish, Tagalog	Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA	Socialization, Education, and Vocational Services
Crisis Services	Emergency Screening Unit 730 Medical Center Ct. Chula Vista, CA 91911	(619) 421-6900	24/7	Countywide	Children, Adolescents			All psychiatric emergencies are seen
Crisis Services	Halcyon Center 1664 E. Broadway El Cajon, CA 92021	(619) 579-8685	24/7	Countywide	Adults, Older Adults		GLBT, HML, Afr Amer, HL	Short-Term Acute Residential Treatment (START)

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Crisis Services	Isis Crisis Center 892 27th St. San Diego, CA 92154	(619) 575-4687	24/7	Countywide	Adults, Older Adults	Spanish, French, Arabic, Indonesian	HL	Short-Term Acute Residential Treatment (START)
Crisis Services	Jary Barreto Crisis Center 2865 Logan Ave. San Diego, CA 92113	(619) 232-4357	24/7	Countywide	Adults, Older Adults		GLBT, Afr Amer, HL	Short-Term Acute Residential Treatment (START)
Crisis Services	New Vistas Crisis Center 734 Tenth Ave. San Diego, CA 92101	(619) 239-4663	24/7	Countywide	Adults, Older Adults	Vietnamese, Japanese, Russian, Spanish, Italian, Chinese	Older Adult, GLBT, HML, Afr Amer, EE, HL, SEA, ME, AI	Short-Term Acute Residential Treatment (START)

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Crisis Services	Psychiatric Emergency Response Team (PERT) 1094 Cudahy Pl. Ste. 314 San Diego, CA 92110	(619) 276-8112	Mon - Sun 6:00 am - 12:00 am (Different shifts in different areas. No in-service.)	Central	All Ages	Spanish, French, Tagalog, and unlimited access to over 100 interpreters through police and sheriff, including sign language	Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA, EE, ME	Emergency Mental Health Assessment accompanying Police
Crisis Services	Rady Children's Behavioral Crisis Center 2125 S. El Camino Real Ste. 200 Oceanside, CA 92054	(760) 730-5900	Mon - Fri 12:00 pm - 8:00 pm	North Coastal, North Inland	Children, Adolescents Underserved, Uninsured and underserved SED	Spanish	Mexican American and Other Latin American, GLBT	Youth to age 17 requiring immediate mental health services. Mobile Psychiatric Emergency Response, Walk-in Clinic
Crisis Services	San Diego County Psychiatric Hospital - Emergency Psychiatric Unit 3853 Rosecrans St. San Diego, CA 92110	(619) 692-8200	24/7	Countywide	Adults, Older Adults	Spanish		Emergency Mental Health Assessment and Referrals

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Crisis Services	Turning Point Crisis Center 1738 S. Tremont St. Oceanside, CA 92054	(760) 439-2800	24/7	Countywide	Adults, Older Adults		Older Adult, GLBT, HML, Afr Amer, HL, ME	Short-Term Acute Residential Treatment (START)
Crisis Services	Vista Balboa START Program 545 Laurel St. San Diego, CA 92101	(619) 233-4399	24/7	Countywide	Adults, Older Adults	Spanish	GLBT, Afr Amer	Short-Term Acute Residential Treatment (START)
Day Program	Casa de Amparo Day Rehabilitation 3355 Mission Ave. Ste. 238 Oceanside, CA 92058	(760) 754-5500	Mon - Fri 2:30 pm - 7:30 pm	Countywide	Children, Adolescents 6-18, juvenile court dependents placed in this level 12 crisis residential shelter facility	Spanish, Cantonese, Mandarin	GLBT, Afr Amer, AI, TAY	Juvenile Court Dependents

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Day Program	East County Day Treatment 7059 San Miguel Ave. Lemon Grove, CA 91945	(619) 589-8296	Mon - Fri 8:00 am - 4:00 pm (Tue, Wed evening appointments until 7:00 pm)	East	Children			Children ages 6-12 referred through AB 2726 Day Treatment Intensive
Day Program	Emerald Day Treatment 1221 S. Emerald Ave. Ste. 614 El Cajon, CA 92020	(619) 593-4763	Mon - Fri 8:30 am - 4:30 pm	East	Children, Adolescents referred through AB2726	Spanish		Referred through AB2726, Day Treatment Intensive
Day Program	Fred Finch Youth Center Intensive Day Treatment Services 3845 Spring Dr. Spring Valley, CA 91977	(619) 797-1090	Mon - Fri 8:00 am - 6:00 pm	East	12-17 year olds referred by Child Welfare Services and by San Diego Regional Center			ED youth with developmental disability

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Day Program	Frontier Adolescent Day Treatment Center 10435 Chubb Ln. Santee, CA 92071	(619) 448-1162	Mon - Fri 7:30 am - 4:30 pm	East	Adolescents referred through AB2726			Day Treatment Intensive
Day Program	Marcy Day Rehab Program 2716 Marcy Ave. San Diego, CA 92113	(619) 525-7372	Mon - Fri 8:30 am - 4:00 pm (Tue, Thu evenings as needed)	Central	Children, Adolescents (ages 9-12)	Spanish	Provide Spanish parenting groups	San Diego Unified School District / High School Emotionally Disturbed Students
Day Program	MHS - STEPS Adolescents 4660 Viewridge Ave. San Diego, CA 92123	(858) 565-2510	Mon - Fri 8:00 am - 4:00 pm		Adolescents - Sexually Reactive		GLBT, TAY	Juvenile Court Dependents, Juvenile Court Wards Day Treatment (Males), AB2726, Outpatient (males and females)

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Day Program	MHS - STEPS 4830 Viewridge Ave. Ste. D San Diego, CA 92123	(858) 467-1418	Mon - Fri 8:00 am - 4:00 pm		Children - Sexually Reactive (Ages 6-12)		GLBT	Juvenile Court Dependent and Wards Day Treatment (Males), AB2726
Day Program	New Alternatives (16) South Campus 730 Medical Center Ct. Chula Vista, CA 91911	(619) 421-6900	24/7	South	Adolescents referred by AB 2726 or Juvenile Court	Spanish	GLBT	Day Treatment, TAY, Children<6, Juvenile Court Dependents and Wards, GLBT
Day Program	New Alternatives - Cajon Valley 165 Roanoke, Room 202 El Cajon, CA 92020	(619) 588-3653	Mon - Fri 8:00 am - 4:00 pm	East	Children, Adolescents (Medi-Cal only) (for children in the Cajon Valley Union School District Special Community Day School)	Spanish, Tagalog	Yes	Kindergarten - 8th grade, Day Rehab

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Day Program	New Alternatives Hillcrest Day Treatment 4307 Third Ave. San Diego, CA 92103	(619) 543-0840	Mon - Fri 2:30 pm - 7:30 pm		Children, Adolescents	Spanish	Yes	SED, TAY, Children<6, Juvenile Court Dependents and Wards
Day Program	New Alternatives - Herrick Children's Center 2815 Steele Canyon Rd. El Cajon, CA 92019	(619) 590-1879	Mon - Fri 8:00 am - 5:00 pm	Countywide	Children ages 6-12 referred by AB2776, Child Welfare Services or Juvenile Court, residing at New Alternatives Herrick Children's Center			Also provides Intensive Case Management home-based mental health and Case management
Day Program	New Dawn - Day Rehab Program 5650 Mt. Ackerly San Diego, CA 92111	(858) 496-1655	Mon - Fri 8:00 am - 4:30 pm	Central	ED students (ages 9-12) San Diego Unified School District	Spanish	Provide Spanish parenting groups	Day Rehab, Individual Therapy and Medication Support Services



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Day Program	Reflections 8376 Hercules St. La Mesa, CA 91942	(619) 667-6891	Mon - Fri 8:00 am - 4:30 pm	Countywide	Adolescents referred by Juvenile Courts	Spanish	Juvenile Court Wards	Family Based Services, In-home Treatment, Support Groups
Day Program	San Diego Center for Children Level 14 3004 Armstrong St. San Diego, CA 92111	(858) 277-9550	Mon - Fri 8:00 am - 5:00 pm	Countywide	Children (ages 6-13)	Spanish	Court Dependents, Juvenile Court Wards, Afr Amer, HL, EE, AI	Intensive Day Treatment, Juvenile Court Dependents, AB2726
Day Program	San Diego Center for Children Clark Adolescent Treatment Program 3003 Armstrong St. San Diego, CA 92111	(858) 277-9550	Mon - Fri 8:00 am - 5:00 pm	Countywide	Adolescents	Spanish		Day Treatment Intensive

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Day Program	San Diego Center for Children Discovery Hills 450 N. Melrose Dr. Vista, CA 92083	(760) 216-6780	Mon - Fri 8:00 am - 3:00 pm	North Coastal	Children, Adolescents			AB2726 Program, Seriously emotionally disturbed youth ages 6-15 Day Treatment Intensive
Day Program	San Diego Center for Children Discovery Valley Treatment Center 450 N. Melrose Dr. Vista, CA 92083	(760) 216-6780	Mon - Fri 7:45 am - 3:45 pm	North Coastal	Adolescents			AB2726 Program, Seriously emotionally disturbed youth ages 12-18 years old. Day Treatment Intensive
Day Program	San Diego Center for Children Life School 1685 Hollister St., Room 913 San Diego, CA 92154	(619) 575-4590	Mon - Fri 7:30 am - 4:30 pm (Mon, Tue evening appointments from 4:00 pm - 6:30 pm)	South	Adolescents	Spanish	All staff receives annual training	Day Treatment program AB2726

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Day Program	San Diego Center for Children Patch RCL12 3002 Armstrong St. San Diego, CA 92111	(858) 277-9550	Mon - Fri 8:00 am - 5:00 pm	Countywide	Children (ages 6-13)	Spanish	Court Dependents, Juvenile Court Wards, Afr Amer, HL, EE, AI	Intensive Day Treatment, Juvenile Court Dependents, AB2726
Day Program	San Pasqual Academy 17701 San Pasqual Valley Rd. Escondido, CA 92025	(760) 233-6000	Mon - Fri 8:00 am - 5:30 pm (Residential)	North Inland	TAY, Adolescents (Medi-Cal Eligible) San Pasqual Academy	Spanish	All staff participate in ongoing cultural competency trainings to improve skills in working with our diverse population of young people.	Recreational Therapy, Milieu Therapy, Group Therapy, Full Day Rehab
Day Program	Unified Day School 5650 Mt. Ackerly San Diego, CA 92111	(619) 292-9523	Mon - Fri 8:00 am - 5:00 pm	Central	Adolescents referred through AB2726	Spanish	Provide Spanish parenting groups	AB2726, Day Treatment Intensive

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Full-Service Partnership	Counseling Cove (SDYS) 2250 Fourth Ave. Ste. 301 San Diego, CA 92101	(619) 525-9903	Mon - Fri 9:00 am - 5:00 pm (Weekend and evenings by appointment)	Countywide	Homeless, Runaway and SED youth (ages 12-21)	Spanish, Tagalog	HML & Runaway GLBT	Homeless and runaway youth outreach and engagement, Crisis Intervention, Outpatient Services
Full-Service Partnership	Cultural Access & Resource Enhancement (CARE) 8775 Aero Dr. Ste. 333 San Diego, CA 92123	(858) 836-1090	Mon - Fri 9:00 am - 5:00 pm (After hours and weekend appointments offered)	Countywide	Children, Adolescents and their parents	Vietnamese, Tagalog, Spanish	Culturally and linguistically services	CARE offers outpatient services in the community to children who qualify with a serious emotional disturbance.
Full-Service Partnership	Downtown Impact 995 Gateway Center Way Ste. 300 San Diego, CA 92102	(619) 398-2156	Mon - Fri 8:30 am - 4:00 pm	Central	Adults, Older Adults (high-risk homeless in downtown San Diego)	Spanish	Older Adult, GLBT, HML, Afr Amer, HL	Intensive Case Management, Medication Management, Linkage to Services

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Full-Service Partnership	Fred Finch Youth Center - Comprehensive Assessment and Stabilization Services (CASS) 3434 Grove St. Ste. 200 Lemon Grove, CA 91945	(619) 281-3706, ext. 350	Mon - Fri 8:00 am - 5:00 pm	Countywide	SED Children and Adolescents at risk of change of placement or higher level care	Spanish, Portuguese, American Sign	Hispanic, Latino, Native American, Gay/Lesbian	Early Childhood, Comprehensive Assessment, Foster Youth, SED Youth, Juvenile Court Dependents
Full-Service Partnership	Heritage Clinic 1940 Market St. San Diego, CA 92101	(619) 233-3381	Mon - Fri 8:30 am - 5:30 pm	Central	Older Adults 55+	Spanish, Tagalog, Hindi, Mandarin, Taiwanese, Farsi, Russian, Armenian, Arabic, Urdu	Older Adult, HML, Afr Amer, Filipino, Latino, Chinese, Asian Indian	Field Capable Clinical Services, Assessment, Psychiatric, Counseling, Benefits and Housing Assistance
Full-Service Partnership	Heritage Clinic 200 E. Washington St. Ste. 100 Escondido, CA 92025	(760) 737-8642	Mon - Fri 8:30 am - 5:30 pm	North Inland	Older Adults 55+	Spanish, Tagalog, Hindi, Mandarin, Taiwanese, Farsi, Russian, Armenian, Arabic, Urdu	Older Adult, HML, Afr Amer, Filipino, Latino, Chinese, Asian Indian	Field Capable Clinical Services, Assessment, Psychiatric, Counseling, Benefits and Housing Assistance

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Full-Service Partnership	Heritage Clinic 6160 Mission Gorge Rd. Ste. 120 San Diego, CA 92120	(619) 282-2232	Mon - Fri 8:30 am - 5:30 pm	Central, East	Older Adults +55	Spanish, Tagalog	Older Adult, HML, Afr Amer, Filipino, Latino, Chinese, Asian Indian	Field Capable Clinical Services, Assessment, Psychiatric, Counseling, Benefits and Housing Assistance
Full-Service Partnership	MHS - North Star - ACT 474 W. Vermont Ave. Ste. 104 Escondido, CA 92025	(760) 432-9884	Mon - Fri 8:00 - 4:30 pm	North Inland	Adults, Older Adults	Spanish	Older Adult, GLBT, HML, HL, SEA, TAY, ME	Intensive, All-inclusive Case Management, Outpatient/Rehabilitation , with Supported Employment Services
Full-Service Partnership	MHS - Center Star ACT 4283 El Cajon Blvd. Ste.115 San Diego, CA 92105	(619) 521-1743	Mon - Fri 9:30 am - 4:30 pm	Central	Adults, Older Adults	Spanish	GLBT, HML, Afr Amer, HL	Intensive, All-inclusive Case Mgmt, Outpatient & Rehabilitation, with Supported Employment through Justice System

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Full-Service Partnership	Providence Community Services - Catalyst Program 7155 Mission Gorge Rd. San Diego, CA 92120	(858) 300-0460	Mon - Fri 8:30 am - 5:00 pm (24-hour availability to clients)	Countywide	TAY	Spanish, Tagalog, Arabic	GLBT, HML, Afr Amer, HL, TAY, ME	ACT services including mental health services, Case Management, housing services, employment and education service and substance abuse treatment
Hospital Inpatient Psychiatric	Alvarado Parkway Institute/Behavioral Health System 7050 Parkway Dr. La Mesa, CA 91942	(619) 465-4411	24/7	East	Adult, Older Adult	Spanish, Tagalog	Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA, EE, ME	Acute Psychiatric Inpatient Care, Chemical Dependency, and 24-Hour Mobile Assessment
Hospital Inpatient Psychiatric	Aurora Behavioral Health Care - San Diego 11878 Avenue of Industry San Diego, CA 92128	(858) 487-3200	24/7	North Inland	All ages	Spanish, Tagalog, Chinese	Older Adult, Afr Amer, HL, AI, GLBT	Acute Psychiatric Inpatient Care

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Hospital Inpatient Psychiatric	Palomar Medical Center - Mental Health Unit 555 E. Valley Pkwy. Escondido, CA 92025	(760) 739-3240	24/7	North Inland	Adults, Older Adults	All	Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME	Acute Psychiatric Inpatient Care
Hospital Inpatient Psychiatric	Pomerado Hospital - Behavioral Medicine Center 15615 Pomerado Rd. Poway, CA 92064	(858) 613-5640	24/7	North Central	Adults, Older Adults	All	Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME	Acute Psychiatric Inpatient Care
Hospital Inpatient Psychiatric	PRIME Bayview Behavioral Health Campus 330 Moss St. Chula Vista, CA 91911	(619) 426-6310 (800) 585-2767 Intake (619) 585-4624 (Partial Hospitalization)	24/7	South	Adults	Spanish, Tagalog	Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME	Acute Psychiatric Inpatient Care



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Hospital Inpatient Psychiatric	PRIME Paradise Valley Hospital Psychiatric Services 2400 E. 4th St. National City, CA 91950	(619) 470-4239	24/7	South	Adults	Spanish, Tagalog	Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME	Acute Psychiatric Inpatient Care
Hospital Inpatient Psychiatric	Promise Hospital 5550 University Ave. San Diego, CA 92105	(619) 582-3516	24/7	Central	Adults, Older Adults	Spanish, Tagalog, Vietnamese, Somalian	Older Adult, GLBT, HML, Afr Amer, HL, African Refugee, SEA	Acute Psychiatric Inpatient Care
Hospital Inpatient Psychiatric	San Diego County Psychiatric Hospital 3853 Rosecrans St. San Diego, CA 92110	(619) 692-8200	24/7	Countywide	Adults, Older Adults	Translation Services	Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME	Acute Psychiatric Inpatient Care

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Hospital Inpatient Psychiatric	Scripps Mercy Hospital Behavioral Health 4077 Fifth Ave. San Diego, CA 92103	(619) 260-7005	24/7	Central	Adults, Older Adults	German, Hungarian, Spanish, Chinese, Taiwanese, Tagalog, Nigerian, Portuguese, Arabic, Italian, Cambodian	Older Adult, GLBT, HML, HL, AI, African Refugee	Acute Psychiatric Inpatient Care, Psychiatric Assessment
Hospital Inpatient Psychiatric	Sharp Mesa Vista Hospital 7850 Vista Hill Ave. San Diego, CA 92123	(858) 278-4110	24/7	North Central	All ages	Access to all language translation services	Older Adult, GLBT, HML, Afr Amer, HL, SEA, EE	Acute Psychiatric Inpatient Care
Hospital Inpatient Psychiatric	Sharp Grossmont Hospital Behavioral Health 5555 Grossmont Center Dr. La Mesa, CA 91942	(800) 696-6899 (619) 740-6000	24/7	East	Adults, Older Adults	Spanish, Tagalog, American Sign	Older Adult, GLBT, HML, Afr Amer, HL, AI, ME	Acute Psychiatric Inpatient Care

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Hospital Inpatient Psychiatric	Tri-City Medical Center 4002 Vista Way Oceanside, CA 92056	(760) 940-7396 ER: (760) 940-3505	24/7	North Coastal	Adults, Older Adults (Medicare only)	Spanish		Acute Psychiatric Inpatient Care
Hospital Inpatient Psychiatric	UCSD Medical Center Neuropsychiatry and Behavioral Medicine 200 W. Arbor Dr. San Diego, CA 92103	(619) 543-6222 ER: (619) 543-6400 Psy: (619) 543-6350	24/7	Central	Adults, Older Adults	All	All	Acute Psychiatric Inpatient Care
Hospital Inpatient Psychiatric	UCSD Child and Adolescent Psychiatry Services (CAPS) 6535 Alvarado Rd. San Diego, CA 92120	(619) 229-3700	24/7	Countywide	0-5 Years, Children, Adolescents	Spanish		Acute Psychiatric Inpatient

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Juvenile Forensic Services	Dual Diagnosis Services (Probation Institutions) 2901 Meadow Lark Dr. San Diego, CA 92123	(619) 225-9621	Mon - Fri 8:00 am - 5:00 pm Various evening hours		SDUSD students that have been detained at the Kearny Mesa Juvenile Detention Facility			Home based Multi-Systemic Therapy (MST) and Assertive Community Treatment (ACT) which require family participation
Juvenile Forensic Services	Girls' Rehabilitation Facility, Mental Health Services 2861 Meadow Lark Dr. San Diego, CA 92123	(858) 694-4510	24/7	Countywide	Delinquent girls		Juvenile Court Wards	Delinquent girls committed by the court
Juvenile Forensic Services	Juvenile Forensic Services STAT Team 2801 Meadow Lark Dr. San Diego, CA 92123	(858) 694-4752	Mon - Fri 8:00 am - 5:00 pm	Countywide	Children, Adolescents detained in Juvenile hall		Juvenile Court Wards	Crisis Intervention, Counseling, Medical Evaluations, brief assessments and consultation

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Juvenile Forensic Services	Juvenile Court Clinic (Vista Hill) 2851 Meadow Lark Dr. MS: P-31 San Diego, CA 92123	(858) 571-1964	Mon - Fri 8:30 am - 5:00 pm	Countywide	Children, Adolescents	Spanish	HL, Afr Amer	Clinic-based psychiatric assessment, Medication Management, Case Management, Juvenile Court Dependents and Wards
Juvenile Forensic Services	Multi-Dimensional Treatment Foster Care (MTFC) C-Program 3255 Wing St. San Diego, CA 92110	(619) 221-8600	Mon - Fri 9:00 a.m. - 5:00 p.m.	Countywide	Children ages 7-12 identified by Child Welfare Services			Community/home based intensive foster care
Juvenile Forensic Services	Multi-Dimensional Treatment Foster Care (MTFC) P-Program 3002 Armstrong St. San Diego, CA 92111	(619) 277-9550	Mon - Wed - Fri 9:00 am - 5:00 pm Tu - Th 9:00 am - 7:00 pm		Children ages 3-6 identified by Child Welfare Services		Under 6, Juvenile Court Dependents and Wards	Community/home based intensive foster care

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Juvenile Forensic Services	Polinsky Clinic - Juvenile Forensics Services 9400 Ruffin Ct. San Diego, CA 92123	(858) 514-4612	Mon - Fri 8:00 am - 9:00 pm Sun 9:00 am - 7:00 pm	Polinsky Children's Center	Dependent Children and Adolescents detained in shelter care at Polinsky Center	Spanish, German, Romanian, Hebrew	Juvenile Court Dependents and Wards	Mental Health Services and Crisis Intervention
Other CalWORKs	MHS - CalWORKs - South 1105 Broadway Ste. 207 Chula Vista, CA 91911	(619) 425-5609	Mon - Fri 8:00 am - 4:30 pm	South	Adults, Older Adults	Spanish	GLBT, Afr Amer, HL	Multi-Service Center for CalWORKs WTW participants; mental health and dual disorders counseling services
Other CalWORKs	MHS - CalWORKs - East 330 S. Magnolia Ave. Ste. 302 El Cajon, CA 92020	(619) 442-5434	Mon - Fri 9:00 am - 4:00 pm	East	Adult, Older Adults	Spanish, French, Italian	GLBT, Afr Amer	Multi-Service Center for CalWORKs WTW participants; mental health and dual disorders counseling services

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Other CalWORKs	MHS - CalWORKs - Escondido 474 W. Vermont Ave. Ste. 103 Escondido, CA 92025	(760) 745-0281	Mon - Fri 9:00 am - 4:00 pm	North Inland	Adult, Older Adults	Spanish	GLBT, Afr Amer, HL	Multi-Service Center for CalWORKs WTW participants; mental health and dual disorders counseling services
Other CalWORKs	MHS - CalWORKs - Oceanside 1919 Apple St. Stes. A & B Oceanside, CA 92054	(760) 439-4577	Mon - Fri 9:00 am - 4:00 pm	North Coastal	Adults, Older Adults,	Spanish, Italian, German, Portuguese	GLBT, Afr Amer, HL	Multi-Service Center for CalWORKs WTW participants; mental health and dual disorders counseling services
Other CalWORKs	STEPForward 2772 Fourth Ave. San Diego, CA 92103	(619) 295-6067	Mon - Fri 8:00 am - 5:00 pm	Central	CalWORKs Recipients	Spanish, Somali, Cambodian, Vietnamese		Individual Therapy, Case Management, Medication Management

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Other Conservator Services	Office of the Public Conservator 7947 Mission Center Ct. San Diego, CA 92108	(619) 767-5019	Mon - Fri 8:00 am - 5:00 pm	Countywide	All ages	Vietnamese, French, Tagalog	Older Adult, GLBT, HML, SEA	Investigation and Related Services
Other Employment Services	MHS - San Diego Employment Solutions 10981 San Diego Mission Rd. Ste. 100 San Diego, CA 92110	(619) 521-9569	Mon - Fri 8:00 am - 4:30 pm	North Central, Central	Adults, Older Adults	Spanish and Asian languages	Older Adult, GLBT, HML, Afr Amer, HL, ME	Individual job placement and support to the severely mentally ill
Other Employment Services	MHS - Employment Services 1202 Morena Blvd. Ste. 201 San Diego, CA 92110	(619) 276-8071	Mon - Fri 8:00 am - 4:30 pm	North Central, Central	Adults, Older Adults	Spanish, TTD for hearing impaired	Physically Disabled, Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, ME	Vocational readiness, job placement and support for clients who qualify for Dept of Rehab and who receive County mental health services



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Other Forensic Adult	Forensic Evaluation Psychiatry Unit 220 W. Broadway, Room 1003 San Diego, CA 92101	(619) 531-3047	Mon - Fri 8:00 am - 4:30 pm	Central	Adults, Older Adults		All	Court-ordered mental health assessments
Other Forensics Adult	Conditional Release Program (CONREP) Address Confidential				Adults (Judicially committed patients and mentally disordered offenders)	Interpreter Services	Older Adult, GLBT, Afr Amer, HL	Medication Management and crisis intervention
Other Jail	Central Detention Facility (Men's) - Psychiatric Security Unit 1173 Front St. San Diego, CA 92101	(619) 615-2444	24/7		Adults, Male Inmates	Spanish		Psychiatric Unit and Services

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Other Jail	George Bailey Detention Facility (Men's Clinic Only) 446 Alta Rd. San Diego, CA 92158	(619) 661-2620	24/7	South	Adults, Male Inmates	Spanish	All	Mental health treatment to incarcerated
Other Jail	Las Colinas Detention Facility (Women's Psychiatric Security) 9000 Cottonwood Ave. Santee, CA 92071	(619) 258-3176	24/7	Countywide	Adults, Female Inmates		All	Inpatient and Outpatient Psychiatric Services
Other Jail	Vista Detention Facility (Men's/Women's Clinics) 325 S. Melrose Ste. 200 Vista, CA 92081	(760) 940-4473	24/7	North Coastal	Adult, Male and Female Inmates	Spanish		

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Other Outreach	Aging & Independence Services 9335 Hazard Center Way Ste. 100 San Diego, CA 92123	(800) 510-2020	Mon - Fri 8:00 am - 5:00 pm	Central	Older Adults		Older Adult	In-Home Crisis Intervention, Short-Term Case Management
Other Training	MHS - Caring Helpers 4460 Viewridge Ave. San Diego, CA 92123	(858) 292-0903	Mon - Fri 8:30 am - 5:00 pm	Countywide	Youth	Spanish, Japanese	Latino, Asian Pacific Islander	Training, Youth Development, Leadership, Mentoring
Outpatient	BPSR - Vista 550 W. Vista Way Ste. 407 Vista, CA 92083	(760) 758-1092	Mon - Fri 8:00 am - 5:00 pm	North Inland	Adults, Older Adults, TAY	Spanish	Older Adult, GLBT, HML, Afr Amer, HL, African Refugee, SEA, EE, ME	Medication Management, Crisis Intervention

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	BPSR - Kinesis North (Ramona Satellite) 1416 Montecito Rd. Ramona, CA 92065	(760) 480-2255	Mon 8:00 am - 4:30 pm	North Inland	Adults, Older Adults	Italian, German, Spanish, Portuguese	HML, GLBT, Afr Amer, EE, TAY	Medication Management, Individual and Group Therapy, Rehabilitation, Co- occurring disorders
Outpatient	BPSR - Kinesis North (Fallbrook Satellite) 617 East Alvarado Fallbrook, CA 92028	(760) 480-2255	Every other Fri (starting with 1st Friday) 8:00 am - 4:30 pm	North Inland	Adults, Older Adults	Italian, German, Spanish, Portuguese	HML, GLBT, Afr Amer, EE, TAY	Individual and Group Therapy, Medication Management, Rehabilitation, Co- Occurring Disorders
Outpatient	BPSR - Kinesis North 474 W. Vermont Ave. Ste. 101 Escondido, CA 92025	(760) 480-2255	Mon - Fri 8:00 am - 5:00 pm	North Inland	Adults, Older Adults, TAY	Spanish, Italian, German, Portuguese	HML, GLBT, Afr Amer, EE, TAY	Medication Management, Crisis Intervention, Socialization

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Catholic Charities - Center for Counseling 349 Cedar St. San Diego, CA 92101	(619) 231-2828	Mon - Fri 8:00 am - 5:00 pm	Central	Adults, Collateral Family Members	Spanish, Polish, Italian, French	Older Adult, GLBT, HML, Afr Amer, HL, EE, ME	Mental Health
Outpatient	Chaldean - Middle Eastern Social Services 343 E. Main St. Ste. 201 El Cajon, CA 92020	(619) 631-7400	Mon - Fri 9:00 am - 5:00 pm	East	Children, Youth, Adults	Arabic	Middle Eastern Refugees	
Outpatient	Child and Adolescent Dept. Southeast Mental Health Center 3177 Ocean View Blvd. San Diego, CA 92113	(619) 595-4400	Mon - Fri 8:30 am - 5:00 pm	Central	Children, Adolescents	Spanish	HL	

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Children's Hospital Developmental Evaluation Clinic 8010 Frost St. Ste. 200 San Diego, CA 92123	(858) 966-5817	Mon - Fri 10:00 am - 4:00 pm	Countywide	Children		Children under the age of six	Provides developmental and psychological evaluation of infants, pre-school and school aged children.
Outpatient	Community Assessment Team (CAT) Youth at Risk (YAR)(South Bay Community Services) 1124 Bay Blvd. Ste. D Chula Vista, CA 91911	(619) 420-3620	Mon -Thu 8:30 am - 8:30 pm Fri 8:30 am - 6:00 pm	South	Children, Adolescents Medi-Cal Eligible	Spanish		Community Assessment team. Individual, Group and Family therapy provided at clinic, school sites and in-home.
Outpatient	Community Circle East/Spring Valley 3845 Spring Dr. Spring Valley, CA 91977	(619) 515-2380	Mon - Fri 8:30 am - 5:00 pm	East	Children, Adolescents, Adults	Spanish, Japanese	Spanish, Translational services available for Tagalog, Vietnamese, Laotian, Arabic	Individual, child, adolescent, family therapy, School-based services

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Crossroads Family Counseling 1679 E. Main St. Ste. 101 El Cajon, CA 92021	(619) 441-1907	Mon, Tue, Thu, Fri 9:00 am - 5:00 pm Wed 9:00 am - 6:00 pm	Countywide	Children, Adolescents with Medi-Cal, AB2726, Healthy Families, Indigent			TAY, Outreach to rural East county area
Outpatient	Deaf Community Services of San Diego 3930 Fourth Ave. Ste. 300 San Diego, CA 92103	(619) 398-2441 TTY (619) 398-2440	Mon - Fri 8:30 am - 5:00 pm	Central	Adults, Older Adults	American Sign, Spanish, Tagalog	Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA	Community Services
Outpatient	Douglas Young Youth and Family Services 7907 Ostrow St. Ste. F San Diego, CA 92111	(858) 300-8282	Mon - Wed 9:30 am - 6:00pm Thu 12:00 pm - 8:00 pm Fri 9:00 am - 5:00 pm	North Central, Central	Children, Adolescents, AB2726, Healthy Families, Medi-Cal, Indigent	Spanish, Tagalog, Japanese, Chinese, Korean	GLBT, TAY, Latino, American, Asian Pacific Islander	TAY, Co-occurring, Clinic and School-based

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Douglas Young BPSR Center 10717 Camino Ruiz Ste. 207 San Diego, CA 92126	(858) 695-2211	Mon, Tue, Wed, Fri 9:00 am - 5:00 pm Thu 12:00 pm - 8:00 pm	North Central, Central	Adults, Older Adults	Spanish, Tagalog	Dual Diagnosis, HL, SEA, EE, ME, TAY	Medication Management and Crisis Intervention
Outpatient	East County Mental Health Center 1000 Broadway Ste. 210 El Cajon, CA 92021	(619) 401-5500	Mon - Thu 8:00 am - 6:00 pm Fri 8:00 am - 5:00 pm	East	Adults, Older Adults	Spanish, Tagalog, Arabic, Aramaic, Farsi, Tigrinya, Amharic, Italian	Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, ME	Dually diagnosed Individual and Group rehabilitation services, Medication Management, Case Management and Crisis Intervention
Outpatient	Exodus Recovery Mental Health Walk-In Assessment Center 524 W. Vista Way Vista, CA 92083	(760) 758-1150	Mon - Fri 12:00 pm - 7:00 pm	North Coastal	TAY, Adults, Older Adults	Spanish	Older Adult, GLBT, Afr Amer, HL, AI, SEA, and EE	One time or short term urgent and crisis mental health services including assessments, medication evaluations



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Green Oak Ranch - NCAC 1237 Green Oak Rd. Vista, CA 92083	(760) 598-2803	Mon - Fri 9:00 am - 8:00 pm	North Central, North Inland, North Coastal	Children, Adolescents	Spanish		Children<6, Juvenile Court Dependents, Assessment, Case Management, Nursing and Respite Care
Outpatient	Heartland Center 1060 Estes St. El Cajon, CA 92020	(619) 440-5133	Mon - Fri 8:30 am - 4:30 pm	East	TAY, Adults, and Older Adults	Spanish,	Older Adult, GLBT, HML, HL, AI	Medication Management, crisis intervention, Case Management, socialization, vocational services
Outpatient	Incredible Years - Early Childhood 2351 Cardinal Ln. Annex B San Diego, CA 92123	(858) 573-2227	Mon - Fri 8:00 am - 5:00 pm	Central	Children 0-5	Spanish	Provide Spanish parenting groups	

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Jane Westin Wellness and Recovery Center 1568 Sixth Ave. San Diego, CA 92101	(619) 235-2600	Mon - Fri 10:00 am - 4:00 pm	Countywide	Adults, Older Adults	Spanish, Serbian, Croatian	Older Adult, HML, HL	Short term outpatient clinical stabilization transitioning to other long term outpatient providers
Outpatient	KidSTART Center EPSDT Clinic (South) 1261-D Third Ave Chula Vista, CA 91911	(619) 420-5611	Mon - Fri 8:00 am - 6:00 pm		CWS Medi-Cal eligible children ages 0 - 5 years		Under 6	Outpatient mental health services treatment for children experiencing atypical development and behavior and their families/caretakers. Referrals made primarily by the KidSTART Center
Outpatient	KidSTART Center EPSDT Clinic (North Coastal) 3142 Vista way Ste. 207 Oceanside, CA 92056	(760) 967-7082	Mon - Fri 8:00 am - 6:00 pm		CWS Medi-Cal eligible children ages 0 - 5 years		Under 6	Outpatient mental health services treatment for children experiencing atypical development and behavior and their families/caretakers. Referrals made primarily by the KidSTART Center

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	KidSTART Center EPSDT Clinic (Central-North Central) 3665 Kearny Villa Rd. Ste. 501 San Diego, CA 92123	(858) 576-1700	Mon 8:00 am - 6:00 pm Tu - Fri 8:00 am - 5:00 pm		CWS Medi-Cal eligible children ages 0 - 5 years		Under 6	Outpatient mental health services treatment for children experiencing atypical development and behavior and their families/caretakers. Referrals made primarily by the KidSTART Center
Outpatient	Logan Heights Family Counseling Center 2204 National Ave. San Diego, CA 92113	(619) 515-2355	Mon - Wed 8:00 am - 8:00 pm Thu, Fri 8:00 am - 5:00 pm	Central	Children, Adolescents, Adults, Older Adults	Spanish, French	Adult/Older Adult, Children, HML, HL	Medication Management, crisis intervention, individual and family therapy
Outpatient	Maria Sardinias Wellness & Recovery Center 1465 30th St. Ste. K San Diego, CA 92154	(619) 428-1000	Mon, Wed 9:00 am - 8:00 pm Tue, Thu, Fri 9:00 am - 5:00 pm	South	Latino and TAY	Spanish	TAY	DBT and depression groups for Latino program; mobile services

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Mental Health Systems Central School Based Program (formerly ALBA) 4660 Viewridge Ave San Diego, CA 92123	(619) 398-3261	Mon - Fri 7:30 am - 5:00 pm		Children and adolescents with Medi-cal and in the a San Diego city school. (Uninsured (MHSA eligible)			
Outpatient	Mental Health Resource Center Outpatient EPSDT 2351 Cardinal Ln. Annex B San Diego, CA 92123	(858) 573-2227	Mon - Fri 8:00 am - 5:00 pm	Central	Children, Adolescents	Spanish, American Sign	Provide Spanish parenting groups	San Diego Unified School District / ED Medi-Cal Students, Transition Age, Preschool, Juvenile Court Dependents and Wards
Outpatient	MHS - Community Assessment Team (CAT) Youth at Risk (YAR) 940 E. Valley Pkwy. Ste. D Escondido, CA 92025	(760) 747-0205	Mon - Thu 8:00 am - 6:00 pm Fri 8:00 am - 5:00 pm	North Inland	Children, Adolescent and Families covered by Medi-Cal	Spanish	Bilingual/Bi-Cultural staff (Spanish/English)	Youth at risk for Juvenile justice involvement

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	MHS, Inc. - School-Based Program 4660 Viewridge Ave. San Diego, CA 92123	(858) 278-3292	Mon - Fri 8:30 am - 5:00 pm	Central	Under 5, Children, Adolescents, Medi-Cal and MHSA eligible	Spanish; The program also utilizes Bilingual services and interpreters available	Afr Amer, Asian, Hispanic, Latino, Native American	Children, Adolescents, Family dynamics, homeless, Juvenile Court Dependents, Substance Abuse Issues, Therapy, Case Management
Outpatient	Mobile Adolescent Services Team (MAST) 1202 Morena Blvd. Ste. 300 San Diego, CA 92110	(619) 398-3261	Mon - Fri 8:00 am - 5:00 pm	Countywide	Children, Adolescents Medi-Cal eligible or no other form of insurance	Spanish	Latino, Youth, HML, Gang Involved	At-Risk Youth - Homeless youth enrolled at Monarch school - Pregnant teens/teen mothers
Outpatient	New Alternatives Foster Family Agency - EPSDT 4307 Third Ave. San Diego, CA 92103	(619) 209-5272	Mon - Fri 8:30 am - 5:00 pm	Countywide	Medi-Cal Eligible Youth - enrolled in New Alternatives Foster Family Agency	Spanish	Multiple families with varying cultural experience. Staff bring own experience, plus receive annual training and expertise to program	Youth in out of home placements. Expertise in child abuse and related traumatic issues. TAY, Children <age 6, Juvenile Court Dependents

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	North County Lifeline EPSDT, CAT YAR 200 Michigan Ave. Vista, CA 92084	(760) 726-4900	Mon - Thu 8:30 am - 5:00 pm Fri 8:30 am - 2:30 pm	North Coastal	Children, Adolescent	Spanish	At risk	Youth at risk for entering or re-entering the juvenile justice system
Outpatient	North County Assessment Center 1237 Green Oak Rd. Vista, CA 92083	(760) 598-2803	Mon - Fri 9:00 am - 8:00 pm	North Central, North Inland, North Coastal	Children, Adolescents	Spanish		
Outpatient	North County Lifeline EPSDT, CAT, YAR 707 Oceanside Blvd. Oceanside, CA 92054	(760) 757-0118	Mon - Thu 8:30 am - 5:00 pm Fri 8:30 am - 2:30 pm	North Coastal	Youth Age 6-17	Spanish		Juvenile Delinquency Prevention and Diversion Services provided at clinic, school sites and in-home

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	North Central Mental Health Center 1250 Morena Blvd. San Diego, CA 92110	(619) 692-8750	Mon - Fri 8:00 am - 5:00 pm	North Central	Adults, Older Adults	Farsi, Spanish, Tagalog,	Older Adult, GLBT, HML, Afr Amer, HL, SEA, ME	Mental Health Rehabilitation Services, Medication Management, Case Management, Crisis Intervention, Vocational Services
Outpatient	North Coastal Mental Health Center 1701 Mission Ave. Ste. A Oceanside, CA 92054	(760) 967-4475	Mon - Fri 8:00 am - 5:00 pm	North Coastal	Adults, Older Adults, TAY	Spanish, Farsi, Cape Verdean, Russian, Arabic, Korean, French	Older Adult, HML, GLBT, Aramaic, HL, SEA, ME, TAY	Medication Management, Rehabilitation and Recovery, Mental Health, and Crisis Intervention
Outpatient	North Inland Mental Health Center (AMHS) 125 W. Mission Ave. Ste. 103 Escondido, CA 92025	(760) 747-3424	Mon - Fri 8:00 am - 5:00 pm (Later appointments upon request)	North Inland	Adults, Older Adults	Spanish	Older Adult, GLBT, HML, HL, SEA, TAY, ME	Medication Management, Rehabilitation and Recovery, Mental Health, and Crisis Intervention

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Nueva Vista Family Services 1161 Bay Blvd. Ste. B Chula Vista, CA 91911	(619) 585-7686	Mon, Fri 9:00 am - 5:00 pm Tue - Thu 9:00 am - 7:00 pm	South	Children, Adolescents	Spanish	HL	Outpatient Psychiatric services
Outpatient	Palomar Family Counseling Fallbrook 120 W. Hawthorne Fallbrook, CA 92028	(760) 731-3235	Mon - Fri 8:30 am - 5:00 pm	North Inland	Children, Adolescent on Medi-Cal	Spanish	Hispanic, AI, Afr Amer	Outpatient services for Children, Adolescence, and Families
Outpatient	Palomar Family Counseling 1002 East Grand Ave. Escondido, CA 92025	(760) 741-2660	Mon - Fri 8:30 am - 5:00 pm	North Central, North Inland, North Coastal	Children, Adolescents, Medi-Cal Eligible, Special Education students at Escondido High School	Spanish		High risk



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Para Las Familias (Episcopal Community Service) 1340 Imperial Beach Blvd. Ste. 204 Imperial Beach, CA 91932	(619) 565-2650	Mon - Fri 8:00 am - 5:00 pm	South	Children	Spanish	Under 6, Juvenile Court Dependents, HL	Assessment, Individual, Filial & Family Therapy. Services provided at clinic, pre-school sites and in-home.
Outpatient	ParentCare Center 4990 Williams Ave La Mesa, CA 91941	(619) 668-4200	Mon - Fri 8:30 am - 5:00 pm		Juvenile Court dependent children (ages 0-11)			Provides brief mental health services based on the Incredible Years model - includes Basic Parent Group Training
Outpatient	Prime ALLY National City 502 Euclid Ave. Ste. 103 National City, CA 91950	(619) 267-5115	Mon, Wed, Fri 8:30 am - 5:00 pm Tue, Thu 8:30 am - 6:00 pm	South	Children and Adolescents on Medi-Cal			Outpatient, Pediatric Referrals and School-Based Services, Medication Monitoring

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Prime ALLY Program 490 Emory St Imperial Beach, CA 91932	(619) 682-2591	Mon, Wed, Fri 8:30 am - 5:00 pm Tue, Thu 8:30 am - 6:00 pm	South	Children, Adolescents on Medi-Cal	Spanish, Japanese, German	Staff are culturally diverse as well as complying with at least 4 hours of cultural competency yearly	Early Periodic Screening Diagnosis and Treatment Services, Outpatient, Individual, Group and Family Therapy, Medication Management
Outpatient	Project Enable 286 Euclid Ave. Ste. 102 San Diego, CA 92114	(619) 266-2111, ext. 113 (619) 263-6155, ext. 113	Mon - Fri 8:00 am - 5:00 pm	Central	Adults, Older Adults	Spanish, Tagalog, Ethiopian, Access to interpreters	Older Adult, GLBT, Latino, Afr Amer, TAY	Mental Health Services, Medication Management, Crisis Intervention, Vocational, Clubhouse
Outpatient	Providence Community Services - Cornerstone 4660 El Cajon Blvd. Ste. 210 San Diego, CA 92115	(619) 640-3266	Mon - Fri 8:30 am - 5:00 pm (Day and evening hours available by appointment)	Countywide	Children, Adolescents to age 18 with Medi-Cal	English, Vietnamese	Vietnamese	Clinic and School-Based outpatient Mental Health services

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Rady Children's Outpatient Psychiatry - Central EPSDT & MHSA 3665 Kearny Villa Rd. Ste. 101 San Diego, CA 92123	(858) 966-5832, ext. 3794	Mon - Fri 8:00 am - 5:00 pm	Central	Medi-Cal & MHSA funding, referred by schools, AB2726	Spanish	English-speaking and Latino families	Elementary age children and adolescents. School-based, Outpatient Psychiatry services
Outpatient	Rady Children's Outpatient Psychiatry - North Coastal EPSDT School Program 3142 Vista Way Ste. 205 Oceanside, CA 92056	(760) 758-1480	Mon - Fri 8:00 am - 5:00 pm (Evenings by appointment)	North Coastal	Children, Adolescents AB2726, Medi-Cal, Healthy Families, Indigent	Spanish, Japanese, German	Latino and Japanese Staff available; all staff receive cultural competency training; interpreters used as needed.	Treat full spectrum of childhood disorders. Psychiatry services. Outpatient Psychiatry Services
Outpatient	Rady Children's Outpatient Psychiatry - North Coastal 3142 Vista Way Ste. 205 Oceanside, CA 92056	(760) 758-1480	Mon - Fri 8:00 am - 5:00 pm (Evenings by appointment)	North Coastal	Children, Adolescents	Spanish, Arabic, Japanese		Outpatient Mental Health Services, AB2726 Outpatient Services, Family Therapy, Medication Management

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Rady's Children's Outpatient Psychiatry - North Inland 625 W. Citracado Pkwy. Ste. 102 Escondido, CA 92028	(760) 294-9270	Mon - Fri 8:00 am - 5:00 pm (Evenings by appointment)	North Inland	Children, Adolescents	Spanish	Yes	Cognitive Behavioral Therapy for Children, Family Therapy, Medication Management
Outpatient	San Diego Youth & Community Services, East County Behavioral Health Center 1870 Cordell Ct. Ste. 101 El Cajon, CA 92020	(619) 448-9700	Mon - Fri 9:00 am - 5:00 pm (Weekends and evening by appointment)	East	At-risk children and youth (ages 6-18) and their families (Medi-Cal only)	Spanish	TAY, HL, Afr Amer, ME, GLBT, AI	At-risk youth. Outpatient services, Medication Management and Psychological testing, Crisis intervention
Outpatient	San Diego Deaf Mental Health Services 1122 Broadway Ste. 200 San Diego, CA 92101	(858) 410-1067	Mon - Fri 8:30 am - 5:00 pm	Countywide	All Ages	American Sign, Spanish	Deaf and Hard of Hearing / Disabled	Outpatient Mental Health Clinic. Individual and Family therapy, Crisis Intervention, Case Management and co-occurring disorder services

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	San Diego Center for Children East Outpatient Counseling Program Services 7339 El Cajon Blvd. Ste. K La Mesa, CA 91941	(619) 668-6200	Mon - Fri 8:00 am - 5:00 pm	East	Children, Adolescents	Spanish	Our therapists are culturally competent with various cultures (Mexican, Hawaiian, Filipino, Japanese, European, Israeli)	Parent-Child interaction therapy, Incredible Years, Parenting Wisely, Outpatient
Outpatient	San Diego Center for Children East County Outpatient Counseling 2741 Lemon Grove Ave. Ste. 104 Lemon Grove, CA 91945	(619) 465-5006	Mon, Wed, Fri 9:00 am - 5:00 pm Tue, Thu 9:00 am - 8:00 pm	East	Children, Adolescents (Medi-Cal Eligible)	Spanish	Our therapists are culturally competent with various cultures (Mexican, Hawaiian, Filipino, Japanese, European, Israeli)	Parent-Child interaction therapy, Parenting Wisely, School-based outpatient mental health services
Outpatient	San Diego Youth & Children Community Foster Family Agency 3255 Wing St. San Diego, CA 92110	(619) 221-8610	Mon - Fri 8:30 am - 5:00 pm	North Central	Children, Adolescents, enrolled in the San Diego Youth and Community Services Foster family Agency			Individual/Group, Family Therapy, Crisis Intervention, Psychiatric Evaluation, Case Management, Medication Monitoring, Rehab and Support Services

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	San Diego Center for Children Foster Family Agency Stabilization 3002 Armstrong St. San Diego, CA 92111	(858) 277-9550	Mon - Fri 8:00 am - 5:00 pm (Evening and weekend appointments as needed)	North Central	Children, Adolescent Medi-Cal Eligible	Spanish		Outpatient Mental Health, Medication Monitoring
Outpatient	San Diego Center for Children STEPdown Wraparound 3002 Armstrong St. San Diego, CA 92111	(858) 277-9550	Mon - Fri 8:00 am - 5:00 pm (Evening and weekend appointments as needed)	North Central	Children, Adolescent Medi-Cal Eligible	Spanish		Wraparound program for SED youth. Case Management Rehab Services, Therapy, Crisis Intervention, Medication Monitoring
Outpatient	San Diego City Schools Intensive Outpatient 2351 Cardinal Ln. Annex B San Diego, CA 92123	(858) 573-2227	Mon - Fri 8:00 am - 5:00 pm	Central	Children, Adolescents	Spanish	Provide Spanish parenting groups	San Diego Unified School District / ED students at various school sites

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Social Advocates for Youth (SAY San Diego, Inc.) (EPSDT/CAT) 4275 El Cajon Blvd. Ste. 101 San Diego, CA 92105	(619) 582-9056	Mon - Fri 8:30 am - 5:00 pm	Central	Children, Adolescents (ages 8-18) Medi-Cal only	Spanish	HL	Individual and Family Therapy, Juvenile Court Wards
Outpatient	Southeast Mental Health Center 3177 Ocean View Blvd. San Diego, CA 92113	(619) 595-4400	Mon - Fri 8:00 am - 5:00 pm	Central	All Ages	Spanish, Farsi, Tagalog	Adults, Older Adult, HML, Afr Amer, HL, Under 6, Juvenile Court Dependents, TAY	Medication Management, Dual Diagnosis Treatment, Crisis Intervention, School Liaison, Individual, Group & Family Therapy
Outpatient	South Bay Guidance Wellness & Recovery Center 835 Third Ave. Ste. C Chula Vista, CA 91911	(619) 427-4661	Mon 9:00 am - 8:00pm Tue, Wed, Fri 9:00 am - 5:00 pm Thu 12:00 pm - 8:00 pm	South	Adults, Older Adults	Spanish	Older Adult, HL, Dual Diagnosis	Medication Management, Crisis Intervention, Rehab services, FSP Case Management, Group and Individual counseling, Employment services

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	South Bay Community Services - Mental Health 1124 Bay Blvd. Ste. D Chula Vista, CA 91911	(619) 420-3620	Mon - Thu 8:30 am - 8:30 pm Fri 8:30 am - 6:00 pm	South	Children, Adolescents referred through AB2726	Spanish	HL	School-based Mental Health services
Outpatient	Survivors of Torture PO Box 151240 San Diego, CA 92175	(619) 278-2400	Mon - Fri 8:00 am - 5:00 pm	Countywide	All Ages	Spanish, Tagalog, Russian	All areas for survivors of politically-motivated torture	For the healing of torture survivors and their families, educate on torture, its consequences, and advocates for the abolition of torture.
Outpatient	Trinity FFA EPSDT 835 Third Ave. Ste. E Chula Vista, CA 91911	(619) 585-1508	Mon - Fri 8:30 am - 5:00 pm	South	Children	Spanish	H/L, Afr Amer TAY	Foster Care, TAY, Juvenile Court Wards



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	UCSD Dual Disorders Program 140 Arbor Dr. San Diego, CA 92103	(619) 299-3510	Mon - Thu 8:00 am - 6:00 pm Fri 8:00 pm - 5:00 pm	Central	Adults, Older Adults	Spanish, Italian	Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME	Medication Management, Crisis Intervention, Recovery Counseling
Outpatient	UCSD Gifford Clinic Outpatient Psychiatric Services 140 Arbor Dr. San Diego, CA 92103	(619) 299-3510	Mon -Thu 8:00 am - 6:00 pm Fri 8:00 am - 5:00 pm	Central	Adults, Older Adults	Spanish, Russian, Portuguese, Hindi, French, German	Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA, EE	Mental Health, Medication Management, Crisis Intervention, Social Services Assistance
Outpatient	UCSD Owen Clinic 4168 Front St., 3rd Floor San Diego, CA 92103	619-543-3995	Mon - Fri 8:00 am - 5:00 pm	Central	Adults, Older Adults, HIV+ and AIDS	Spanish	Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME	Mental Health, Medication Management, Crisis Intervention to Clinic's Patients

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	UPAC Counseling and Treatment Center 5348 University Ave. Ste. 101 San Diego, CA 92105	(619) 229-2999	Mon, Wed, Thu, Fri 8:30 am - 5:00 pm Tue 8:30 am - 6:00 pm	Central	Adults, Older Adults	Vietnamese, Cambodian, Laotian, Tagalog, Cantonese, Korean, Thai, Hmong	Older Adult, SEA	Medication Management, Crisis Intervention
Outpatient	UPAC East Wind Socialization Center 8745 Aero Dr. Ste. 330 San Diego, CA 92123	(858) 268-4933	Mon - Fri 8:30 am - 5:00 pm	North Central	Adults, Older Adults	Vietnamese, Hmong, Cambodian, Cantonese, Chinese, Korean	Older Adult, GLBT, SEA	Medication Management, Crisis Intervention, Socialization, Clubhouse
Outpatient	UPAC Child and Adolescent Mental Health Services 1031 25th St. San Diego, CA 92102	(619) 232-6454	Mon - Fri 8:30 am - 5:00 pm	Central	Children, Adolescents	Cambodian, French, Indonesian, Dutch, Vietnamese, Hmong, Japanese, Mandarin, Taiwanese, Spanish	Youth GLBT, Under 6, Juvenile Court Dependents, Juvenile Court Wards, SEA, Hispanic Latino	Individual, Group & Family Therapy, Case Management, MH Assessment

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	Vista Hill Foundation - Escondido 1029 N. Broadway Escondido, CA 92026	(760) 489-4126	Mon - Fri 8:30 am - 5:00 pm	North Inland	Children	Spanish, Tagalog	AI, HL	Home and School Based outpatient
Outpatient	Vista Hill Foundation - North Inland (Ramona) 1012 Main St. Ste. 101 Ramona, CA 92065	(760) 788-9724	Mon - Fri 8:00 am - 5:00 pm	North Inland	Children, Adolescents	Spanish	TAY, Under 6, HL, AI, SEA	Home and School-Based outpatient
Outpatient	Walden Family Services FFA 3517 Camino del Rio S. Ste. 215 San Diego, CA 92108	(619) 584-5777	Mon - Fri 9:00 am - 5:00 pm	Countywide	Children, Adolescents	Spanish	TAY, GLBT, HL	Intensive Individual Therapy, TAY, Special healthcare needs

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Outpatient	YMCA - TIDES 4080 Centre St. Ste. 103 San Diego, CA 92103	(619) 543-9850	Mon - Fri 8:30 am - 5:00 pm	Central	Children, Adolescents (ages 0-21)		English	School Age Population Provides counseling, referrals and transportation home
Outpatient	Youth Enhancement Services (YES) 3025 Beyer Blvd. Ste. E101 San Diego, CA 92154	(619) 428-5533	Mon, Tue 10:00 am - 7:00 pm Wed - Fri 9:00 am - 6:00 pm	South	Children, Adolescents Medi-Cal, Indigent, AB2726	Spanish	HL, Afr Amer	Provides Bilingual/Bicultural individual, family and group therapy to Spanish Speaking children, youth and their families
Prevention and Early Intervention	Alliance for Community Empowerment - Union of Pan Asian Communities 1031 25th St. San Diego, CA 92102	(619) 232-6454	Mon - Fri 8:30 am - 5:00 pm	Central	Younger siblings of adolescent/young adult gang members			Home-based services, on-going family supports, positive peer- based services, anger management, conflict resolution

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Prevention and Early Intervention	Bridge to Recovery (Co-Occurring Disorders) - UC San Diego 140 Arbor Dr. San Diego, CA 92103	(619) 497-6636			Transition age youth, adults and older adults referred from crisis emergency facilities		TAY	Screening, brief intervention, referral and linkage, psycho-education groups, training for law enforcement on co-occurring issues
Prevention and Early Intervention	Collaborative Native American Initiative - Indian Health Council, Inc. 50100 Golsh Rd. Valley Center, CA 92082	(760) 749-1410	Mon - Fri 8:00 am - 5:00 pm	Countywide	All Ages		AI	Youth center, elder programs and activities, suicide prevention, outreach and education
Prevention and Early Intervention	Courage to Call Program - Mental Health Systems, Inc. 2165 Kurtz St. San Diego, CA 92110	(877) 698-7838	24/7	Countywide	Veterans, active duty military, reservists, National Guard, family members			Education, debriefings, peer counseling, linkage, mental health information, support hotline

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Prevention and Early Intervention	Elder Multicultural Access and Support Services (EMASS) - Union of Pan Asian Communities 200 N. Ash St. Ste. 100 Escondido, CA 92027	(760) 233-1984	Mon - Fri 8:30 am - 5:00 pm		Older Adult		HL, Afr Amer, SEA	Outreach and education, referral and linkage, benefits advocacy, peer counseling, transportation services, home and community-based services
Prevention and Early Intervention	Families as Partners - South Bay Community Services 1124 Bay Blvd. Ste. D Chula Vista, CA 91911	(619) 420-3620	Mon - Thu 8:30 am - 8:30 pm Fri 8:30 am - 6:00 pm	South	Children, Families			Safety and risk assessment for children conducted in the home, caregiver stress assessment, linkage and referral
Prevention and Early Intervention	Kick Start - Providence Community Services 6153 Fairmount Ave. Ste. 260 San Diego, CA 92120	(619) 481-3790	Mon - Fri 8:30 am - 5:00 pm	Central	Youth, TAY		TAY	Assessment, family education, mobile outreach, early intervention, information and linkage

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Prevention and Early Intervention	Lifelong Learning - Behavioral Health Education & Training (BHETA) Academy for Professional Excellence 6505 Alvarado Rd. Ste. 107 San Diego, CA 92120	(619) 594-0923			Older Adult, family caregivers, primary care service providers			Education curriculum specifically designed for older adults, families and caregivers and service providers
Prevention and Early Intervention	Positive Solutions Program Union of Pan Asian Communities 525 14th St. Ste. 200 San Diego, CA 92101	(619) 238-1783, ext. 30	Mon - Fri 8:30 am - 5:00 pm		Homebound Older Adult			Screening, assessment, brief intervention (PEARLS and/or psycho-education), referral and linkage, follow-up care
Prevention and Early Intervention	Positive Parenting Program (Triple P) - Jewish Family Services 285 N. El Camino Real Ste. 211 Encinitas, CA 92024	(858) 637-3300	Mon - Thu 8:30 am - 5:00 pm Fri 8:30 am - 4:00 pm	Central, North Coastal	Parents and children (0 to 5 years) enrolled in Head Start or Early Head Start centers			Positive Parent Program (Triple P), early intervention services, referrals and linkage

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Prevention and Early Intervention	REACHing Out - Southern Caregiver Resource Center 3675 Ruffin Rd. San Diego, CA 92123	(858) 268-4432	Mon - Fri 8:00 am - 5:00 pm	South	Hispanic caregivers of Older Adult Alzheimer's patients		HL	Personalized intervention, home visits, telephone support, education, skills training, stress management education
Prevention and Early Intervention	Rural Integrated Behavioral Health and Primary Care Services - Vista Hill (North County Health Services, Mt. Valley's Health Center, Julian Medical Center)	(760) 788-9724		Rural areas	All Ages			Assessment, brief intervention, education, mobile outreach
Prevention and Early Intervention	Salud - UC San Diego 9500 Gilman Dr. La Jolla, CA 92093	(858) 534-4020			Hispanic Older Adult with a diagnosis of diabetes, exhibiting symptoms of or at risk of depression		HL	Outreach in the primary care clinic and in community settings, integrated diabetes and depression care



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Prevention and Early Intervention	Salud - San Ysidro Health Center 4004 Beyer Blvd. San Ysidro, CA 92173	(619) 662-4100			Hispanic Older Adult with a diagnosis of diabetes, exhibiting symptoms of or at risk of depression			
Prevention and Early Intervention	Salud - North County Health Services 150 Valpreda Rd. San Marcos, CA 92069	(760) 736-6700	Mon - Fri 8:00 am - 5:00 pm		Hispanic Older Adult with a diagnosis of diabetes, exhibiting symptoms of or at risk of depression		HL	Outreach in the primary care clinic and in community settings, integrated diabetes and depression care
Prevention and Early Intervention	School-Based Program Palomar Family Counseling Services, Inc. 1002 Grand Ave. Escondido, CA 92025	(760) 741-2660	Mon - Fri 8:30 am - 5:00 pm		School-age children and their families		SEA, HL	Positive Behavioral Support (PBS), screening and early identification of at-risk children, community outreach to families, education and support

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Prevention and Early Intervention	Screening by Community Based ADS Providers (Co-Occurring Disorders) UPAC Adult	(619) 521-5750			Individuals in residential and outpatient substance abuse programs with/or exhibiting mental health concerns			Screening, education, brief counseling, referral and linkage, prevention groups, family education
Prevention and Early Intervention	Screening by Community Based ADS Providers (Co-Occurring Disorders) Harmony West (MHS, Inc.)	(619) 285-1718			Individuals in residential and outpatient substance abuse programs with/or exhibiting mental health concerns			
Prevention and Early Intervention	Screening by Community Based ADS Providers (Co-Occurring Disorders) The Palavra Tree Southeast and Southwest Teen Recovery Center	(619) 263-7768			Individuals in residential and outpatient substance abuse programs with/or exhibiting mental health concerns			Screening, education, brief counseling, referral and linkage, prevention groups, family education

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Prevention and Early Intervention	Screening by Community-Based ADS Providers (Co-Occurring Disorders) Phoenix House Residential and Teen Recovery Center	(619) 445-0405			Individuals in residential and outpatient substance abuse programs with/or exhibiting mental health concerns			Screening, education, brief counseling, referral and linkage, prevention groups, family education
Prevention and Early Intervention	Screening by Community Based ADS Providers (Co-Occurring Disorders) Vista Hill Parent Care	(619) 698-1663			Individuals in residential and outpatient substance abuse programs with/or exhibiting mental health concerns			
Prevention and Early Intervention	Screening by Community-Based ADS Providers (Co-Occurring Disorders) North Inland Regional Recovery Center (MHS, Inc.)	(760) 741-7708			Individuals in residential and outpatient substance abuse programs with/or exhibiting mental health concerns			

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Prevention and Early Intervention	Screening by Community-Based ADS Providers (Co-Occurring Disorders) House of Metamorphosis	(619) 236-9492			Individuals in residential and outpatient substance abuse programs with/or exhibiting mental health concerns			Screening, education, brief counseling, referral and linkage, prevention groups, family education
Prevention and Early Intervention	Screening by Community-Based ADS Providers (Co-Occurring Disorders) Catholic Charities	(619) 236-2828			Individuals in residential and outpatient substance abuse programs exhibiting mental health concerns			
Prevention and Early Intervention	Screening by Community-Based ADS Providers (Co-Occurring Disorders) Family Recovery Center Non-Residential (MHS, Inc.)	(760) 439-6702			Individuals in residential and outpatient substance abuse programs exhibiting mental health concerns			

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Prevention and Early Intervention	Screening by Community-Based ADS Providers (Co-Occurring Disorders) Stepping Stone Residential and Non-Residential	(619) 278-0777			Individuals in residential and outpatient substance abuse programs with/or exhibiting mental health concerns			Screening, education, brief counseling, referral and linkage, prevention groups, family education
Prevention and Early Intervention	South Region Trauma Exposed Services - Fred Finch Youth Center 1000 Bay Marina Blvd. National City, CA 91950	(619) 281-3706 ext 350	Mon - Fri 8:00 am - 5:00 pm	South	Children at risk of being removed from home, Polinsky Children's Center residents			Short-term services, referrals for comprehensive services, family education
Prevention and Early Intervention	Suicide Prevention Education Awareness and Knowledge (SPEAK) - San Diego Unified School District 2351 Cardinal Ln., Annex B San Diego, CA 92123	(858) 573-2233			Children, youth and transition age youth, school staff, gatekeepers, families and caregivers		TAY	Education and outreach, screening, crisis response training, short-term early intervention, referrals

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Prevention and Early Intervention	Youth and Family Peer Support Line - Mental Health Systems, Inc.	Youth Line (877) 450-5463 Family Line (877) 470-5463	Mon - Fri 2:00 pm - 8:00 pm	Countywide	All Ages			Non-crisis, peer phone support and mental health education
Residential Adult: Semi-Supervised Living	Areta Crowell BPSR Center 1963 Fourth Ave. San Diego, CA 92101	(619) 233-3432	Mon - Fri 8:30 am - 5:00 pm	Central	Adults, TAY, Older Adults	Spanish, Vietnamese, Tagalog	HML, TAY, GLBT	Medication Management & Crisis Intervention, Rehabilitation Services, Case Management, Group and Individual Counseling
Residential Adult	Casa Pacifica 321 Cassidy St. Oceanside, CA 92054	(760) 721-2171	24/7	Countywide	Adults, Older Adults		Older Adult, HML, HL	Adult residential psychosocial treatment center.

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Residential Adult	Uptown Safe Haven 2822 Fifth Ave. San Diego, CA 92103	(619) 294-7013	Mon - Fri 8:00 am - 5:00 pm	Central	Adults, Older Adults		HML	Volunteer Participation, Vocational, Educational and Social Support; Self-Help Recovery and Dual Diagnosis Groups
Residential Children	Residential Services 7947 Mission Center Ct. San Diego, CA 92108	(619) 767-5009	Mon - Fri 8:00 am - 5:00 pm	Countywide	Juvenile Court Dependent Children and Adolescents			Screening, Case Management, Case Consultations, Investigations, family reunification, institutional evaluation
Residential Children	San Diego Center for Children 3002 Armstrong St. San Diego, CA 92111	(858) 277-9550	24/7	Countywide	Children, Adolescents	Spanish, Tagalog, French, Italian		Strength-based therapy in residential setting. Provides Day Treatment on campus, access to non-public school on campus if IEP indicates

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Residential Children	The Bridgman Home 968 Corte Maria Chula Vista, CA 91911	(619) 651-8470	24/7	Countywide	Adolescents	American Sign	Deaf and Hard of Hearing	Deaf and Hard of Hearing
Special Education Services (AB2726)	SES East, North Inland 3692 Midway Dr. San Diego, CA 92110	(619) 758-6240	Mon - Fri 8:00 am - 5:00 am	East, North Inland				Mental Health Assessments for Special Education Students, Case Management
Special Education Services (AB2726)	SES - North Coastal/Poway 340 Rancheros Dr. Ste. 298 San Marcos, CA 92069	(760) 752-4900	Mon - Fri 8:00 am - 5:00 pm	North Inland, North Coastal	School-age children	Spanish		Mental Health Assessments for Special Education Students, Case Management



Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Special Education Services (AB2726)	SES Central, South 3320 Kemper St. Ste. 104 San Diego, CA 92110	(619) 758-6205	Mon - Fri 8:00 am - 5:00 pm	Central, South	School-age children			Mental Health Assessments for Special Education Students, Case Management
Therapeutic Behavioral Services	MHS - Therapeutic Behavioral Services 9445 Farnham St. Ste. 100 San Diego, CA 92123	(858) 380-4669	Mon - Fri 8:00 am - 4:30 pm	Countywide	Children, Adolescents, TAY, Families (Medi-Cal eligible)	Spanish, Arabic, French		1:1 Behavior Coaching, In-home Services, Case Management
Therapeutic Behavioral Services	Therapeutic Behavioral Services - New Alternatives 2535 Kettner Blvd. Ste. 1A4 San Diego, CA 92101	(619) 615-0701	Mon - Fri 8:00 am - 5:00 pm	Countywide	Children, Adolescents, TAY, Families (Medi-Cal eligible)	Spanish, Tagalog, Arabic, Vietnamese		1:1 Behavior Coaching, In-home Services, Case Management

Type of Service	Program	Phone	Hours	Region	Populations	Languages	Cultural Competency	Specialties
Therapeutic Behavioral Services	Therapeutic Behavioral Services (TBS) 3255 Camino del Rio S. San Diego, CA 92108	(619) 563-2763	Mon - Fri 8:00 am - 5:00 pm	Countywide	Children, Adolescents, Young Adults (up to the age of 21)	Spanish	TAY, Under 6, Juvenile Court Dependents and Wards	1:1 Behavior Coaching, In-home Services, Case Management